

# Pneumonies aiguës communautaires : place des corticoïdes.

Lyon, 21 novembre 2024



# Liens d'intérêt *Links of interest*

Co-financements programme de recherche clinique :  
*Co-funding of clinical research program:*

Fisher & Paykel  
HEALTHCARE

Aerogen  
Pioneering Aerosol Drug Delivery

Financements personnels comme consultant :  
*Personal fees as a consultant:*

ARIDIS  
Pharmaceuticals

ViDAL  
NECOS  
L'essentiel sur les recommandations thérapeutiques

Institutionnels :  
*Institutions:*

univ<sup>ersité</sup>  
de TOURS

CHRU  
HÔPITAUX DE TOURS

CEPR  
Inserm U1100  
Centre d'Étude  
des Pathologies Respiratoires

CRICS  
TRIGGERSEP

CIC  
Tours

Pourquoi ?  
*Why?*

Pour qui ?  
*For whom?*

Comment ?  
*How?*

Est-ce sûr ?  
*Is it safe?*

Et  
maintenant  
?  
And in the  
future?

# Why? High mortality on D30

2005-2006,  
Germany  
N=388,406

Comorbidity	Total (%)
Malignancy (other than bronchial)	28.2
Lung cancer	25.21
Pulmonary diseases (other than COPD)	24.45
Dementia	22.36
Renal diseases	20.79
CNS disorders	19.41
Cardiac comorbidity	17.35
Diabetes mellitus	13.66
Liver diseases	12.93
COPD	10.12
<b>Total</b>	<b>17.43</b>
No comorbidity	12.95

*Ewig et al.*  
*Thorax 2009;64:1062-9.*

432 patients mechanically-ventilated for CAP over a 20-year period (Spain)  
Mortality at D-30: **31 %**

TABLE 5 Clinical outcomes

	Non-ARDS patients	ARDS patients	p-value
Subjects	307	125	
Length of hospital stay days	15 [10-27]	16 [9-30]	0.96
ICU mortality	70 [23]	37 [30]	0.14
In-hospital mortality	81 [26]	41 [33]	0.18
30-day mortality	90 [30]	44 [35]	0.25

Data are presented as n, median [interquartile range] or n (%), unless otherwise stated. ARDS: acute respiratory distress syndrome; ICU: intensive care unit. Percentages were calculated for nonmissing data.

*Cilloniz et al., Eur Resp J 2018;51 pii:1702215*

1,707 ICU-patients (MV 24%), USA  
Mortality at D-30: **27 %**

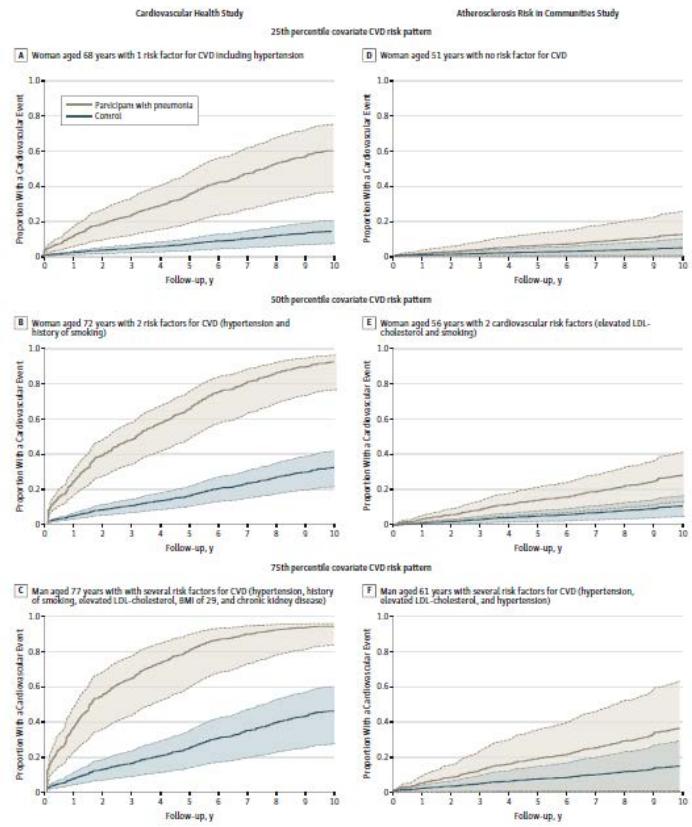
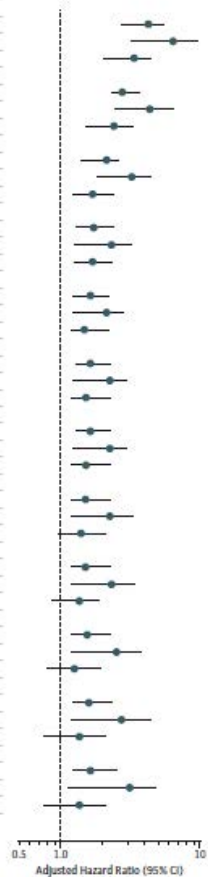
*Cavallazzi et al, Chest 2020;158:1008-16.*

TABLE 3 | Number of Deaths in Patients With Community-Acquired Pneumonia Admitted to the ICU in Louisville and the United States

ICU Admissions and Mortality	Louisville, Kentucky <sup>a</sup>			United States of America <sup>b</sup>
	ICU Admission			
	Early	Late	Total	
Adult patients in the ICU with community-acquired pneumonia, No. (%)	1,275	432	1,707	356,326 <sup>c</sup>
In-hospital deaths <sup>d</sup>	200 (16)	87 (20)	287 (17)	60,576 <sup>c</sup>
15-Day deaths	233 (18)	84 (19)	317 (19)	66,172 <sup>c</sup>
30-Day deaths <sup>d</sup>	319 (25)	140 (33)	459 (27)	96,209 <sup>c</sup>
6-Month deaths <sup>d</sup>	471 (38)	189 (44)	660 (39)	138,968 <sup>c</sup>
1-Year deaths	563 (45)	216 (51)	779 (47)	167,474 <sup>c</sup>

# Why? High after-CAP morbidity

Time Intervals After Pneumonia	Pneumonia Cases		Controls		Hazard Ratio (95% CI)	
	No. of CVD Events/ No. at Risk (%)	No. of CVD Events/ No. at Risk (%)	Unadjusted	Adjusted	Unadjusted	Adjusted
<b>0-30 d</b>						
All pneumonia	54/508 (10.6)	6/1092 (0.5)	4.70 (3.42-5.98)	4.07 (2.86-5.27)		
With organ dysfunction	28/177 (15.8)	2/396 (0.5)	6.28 (3.46-9.10)	6.23 (3.14-9.33)		
Without organ dysfunction	26/331 (7.9)	4/696 (0.6)	3.95 (2.58-5.32)	3.27 (2.03-4.51)		
<b>31-90 d</b>						
All pneumonia	11/384 (2.9)	9/1084 (0.8)	3.32 (2.53-4.10)	2.94 (2.18-3.70)		
With organ dysfunction	3/122 (2.5)	2/393 (0.5)	4.46 (2.72-6.19)	4.38 (2.46-6.30)		
Without organ dysfunction	8/262 (3.1)	7/691 (1.0)	2.80 (1.96-3.65)	2.45 (1.64-3.26)		
<b>91 d-1 y</b>						
All pneumonia	22/345 (6.4)	55/1065 (5.2)	2.39 (1.86-2.91)	2.10 (1.59-2.60)		
With organ dysfunction	9/113 (8.0)	13/387 (3.4)	3.16 (2.00-4.32)	3.06 (1.80-4.33)		
Without organ dysfunction	13/232 (5.6)	42/678 (6.2)	2.03 (1.47-2.60)	1.79 (1.25-2.34)		
<b>1-2 y</b>						
All pneumonia	28/272 (10.3)	53/985 (5.4)	2.05 (1.62-2.48)	1.89 (1.46-2.33)		
With organ dysfunction	7/87 (8.0)	22/367 (6.0)	2.25 (1.46-3.04)	2.30 (1.39-3.21)		
Without organ dysfunction	21/185 (11.4)	31/618 (5.0)	1.96 (1.44-2.47)	1.83 (1.30-2.35)		
<b>2-3 y</b>						
All pneumonia	9/209 (4.3)	39/885 (4.4)	1.75 (1.39-2.12)	1.70 (1.32-2.09)		
With organ dysfunction	2/68 (2.9)	12/323 (3.7)	1.85 (1.22-2.49)	2.06 (1.26-2.86)		
Without organ dysfunction	7/141 (5.0)	27/562 (4.8)	1.70 (1.25-2.14)	1.64 (1.16-2.12)		
<b>3-4 y</b>						
All pneumonia	14/182 (7.7)	35/811 (4.3)	1.74 (1.37-2.12)	1.73 (1.32-2.15)		
With organ dysfunction	7/63 (11.1)	17/292 (5.8)	1.79 (1.15-2.43)	2.11 (1.25-2.97)		
Without organ dysfunction	7/119 (5.9)	18/519 (3.5)	1.72 (1.24-2.19)	1.66 (1.16-2.16)		
<b>4-5 y</b>						
All pneumonia	12/143 (8.4)	32/736 (4.3)	1.70 (1.31-2.10)	1.73 (1.30-2.17)		
With organ dysfunction	3/54 (5.6)	6/255 (2.4)	1.82 (1.15-2.48)	2.18 (1.19-3.17)		
Without organ dysfunction	9/89 (10.1)	26/481 (5.4)	1.64 (1.15-2.13)	1.63 (1.10-2.17)		
<b>5-6 y</b>						
All pneumonia	9/113 (8.0)	40/667 (6.0)	1.61 (1.21-2.01)	1.65 (1.20-2.10)		
With organ dysfunction	4/45 (8.9)	15/236 (6.4)	1.83 (1.10-2.56)	2.18 (1.19-3.17)		
Without organ dysfunction	5/68 (7.4)	25/431 (5.8)	1.46 (0.99-1.94)	1.50 (0.96-2.03)		
<b>6-7 y</b>						
All pneumonia	4/90 (4.4)	27/583 (4.6)	1.59 (1.16-2.02)	1.63 (1.15-2.11)		
With organ dysfunction	2/35 (5.7)	8/207 (3.9)	1.99 (1.14-2.83)	2.32 (1.20-3.44)		
Without organ dysfunction	2/55 (3.6)	19/376 (5.1)	1.35 (0.87-1.83)	1.40 (0.85-1.94)		
<b>7-8 y</b>						
All pneumonia	5/75 (6.7)	26/494 (5.3)	1.63 (1.14-2.11)	1.69 (1.15-2.24)		
With organ dysfunction	2/27 (7.4)	8/174 (4.6)	2.15 (1.15-3.15)	2.54 (1.20-3.87)		
Without organ dysfunction	3/48 (6.3)	18/320 (5.6)	1.32 (0.80-1.84)	1.39 (0.80-1.98)		
<b>8-9 y</b>						
All pneumonia	5/58 (8.6)	15/409 (3.7)	1.73 (1.17-2.28)	1.81 (1.18-2.43)		
With organ dysfunction	3/22 (13.6)	6/150 (4.0)	2.41 (1.18-3.64)	2.86 (1.23-4.50)		
Without organ dysfunction	2/36 (5.6)	9/259 (3.5)	1.33 (0.77-1.89)	1.40 (0.76-2.04)		
<b>9-10 y</b>						
All pneumonia	4/39 (10.3)	12/345 (3.5)	1.77 (1.17-2.36)	1.86 (1.18-2.55)		
With organ dysfunction	3/17 (17.6)	4/124 (3.2)	2.56 (1.18-3.94)	3.09 (1.23-4.95)		
Without organ dysfunction	1/22 (4.5)	8/221 (3.6)	1.32 (0.74-1.90)	1.40 (0.73-2.06)		



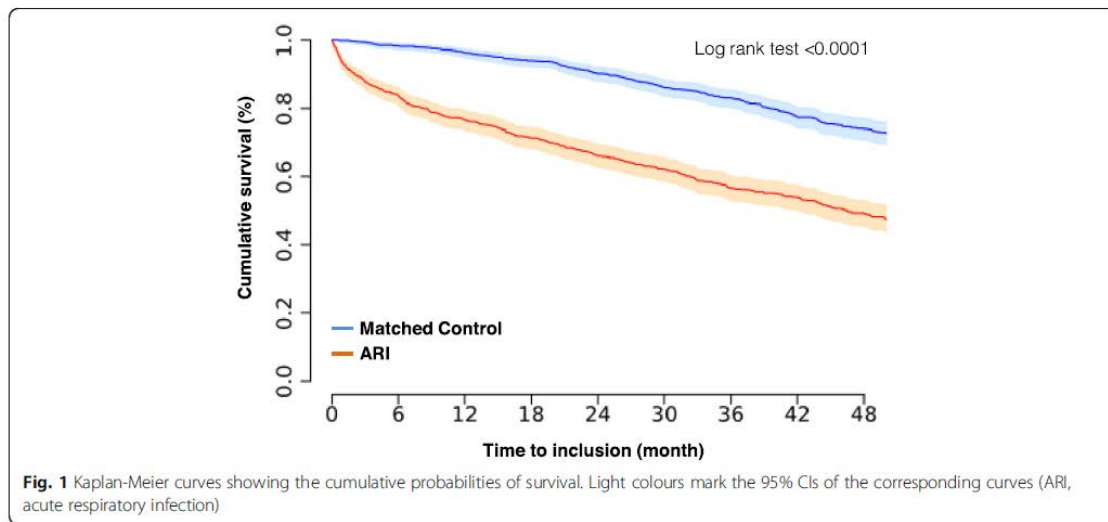
# Long-term outcome in elderly patients

2009-2017, 39 hospital discharge data bases

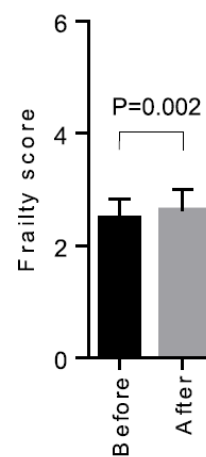
Patients  $\geq 80$  y discharged alive from ICU for **acute respiratory infection**

Matched w controls (cataract surgery, adjustment for age, sex, comorbidities)

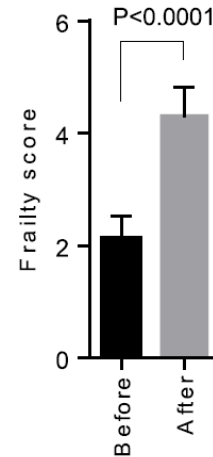
N=1,220 whose 988 matched



## Matched Control



## ARI





# Lot of (heterogeneous) trials

## THE EFFECT OF HYDROCORTISONE UPON THE COURSE OF PNEUMOCOCCAL PNEUMONIA TREATED WITH PENICILLIN\*

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*The Oster Medical Service of the Johns Hopkins Hospital, the Medical Service of the Baltimore City Hospitals, and the Divisions of Biology and Clinical Pharmacology of the Department of Medicine, Johns Hopkins University School of Medicine*



Received for publication October 17, 1955

In a number of experimental situations, it has been shown beyond question that initiation of bacterial or viral infection in animals receiving cortisone or adrenocorticotrophic hormone (ACTH) is followed by unusually rapid progression of the infectious process with the outcome overwhelmingly in favor of the parasite. In man as well, the occurrence of a variety of infections in patients receiving adrenal steroids is well documented although it has not, for obvious reasons, been possible to assay with exactness the possible intensification of the infectious process in man by these hormones. On the other hand, surprisingly few experiments have been reported in which administration of steroids was begun *after* infection had been established in animals or where concomitant antibiotic therapy was employed. Furthermore, enough instances in which corticosteroids have appeared to facilitate recovery in severe human infections by suppressing so-called "toxemia" have now been described to make it clear that cautious exploration of the clinical usefulness of these drugs as adjuvants to specific antimicrobial therapy is worthwhile. The present report describes a study of the effect of hydrocortisone upon the course of pneumococcal pneumonia treated with penicillin, a human infection with a rather predictable clinical course.

*Bull Johns Hopkins Hosp* 1956;98:197-215.



# For whom? General ward patients

Article		N	Intervention	Outcome
	Blum, Lancet 2015	785	Prednisone 50mg/d x 7d vs. PLA	Time to clinical stability
	Wittermans, ERJ 2021	401	DXM 6mg/d x 4d vs. PLA	LOS

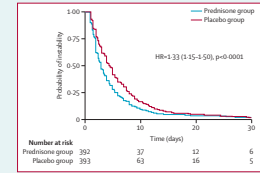
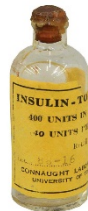
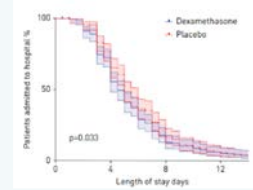


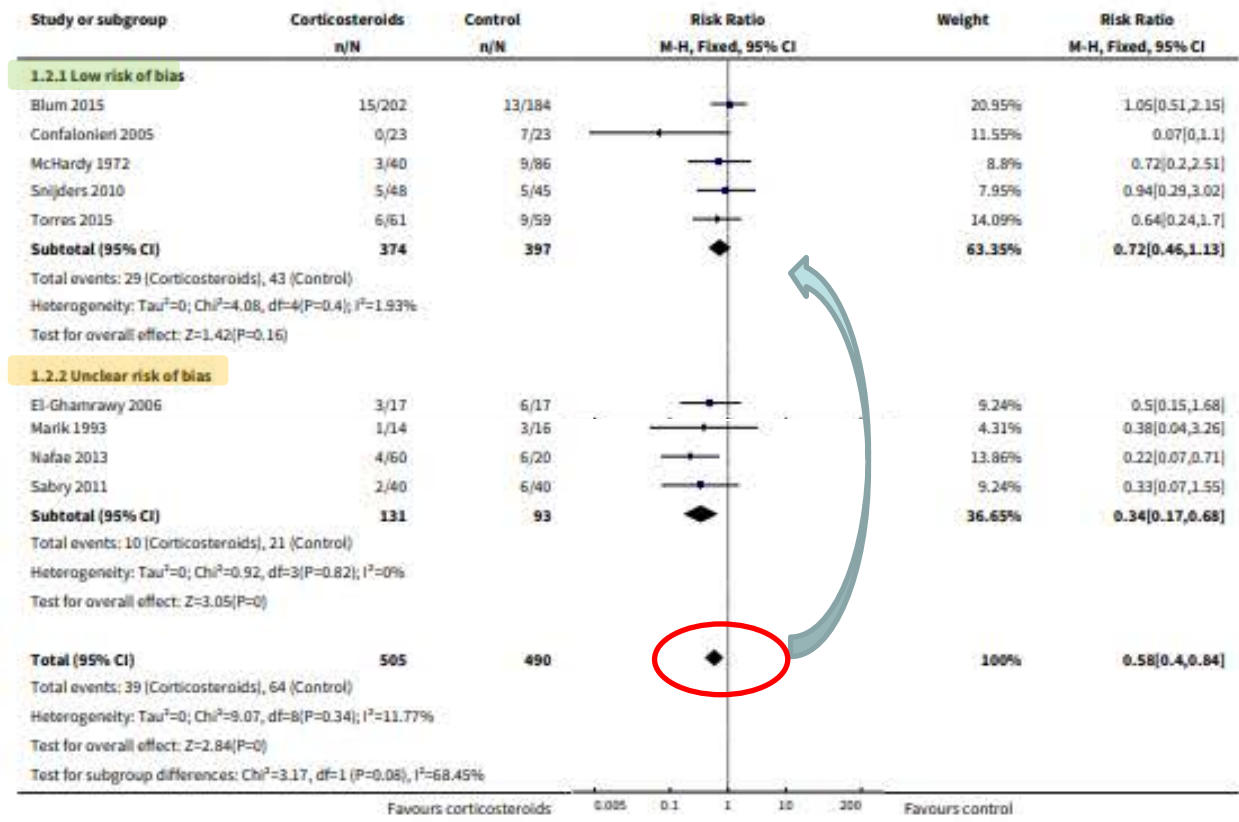
Figure 2: Kaplan-Meier-curve of time to clinical stability





# For whom? ICU patients? the time of uncertainty

**Analysis 1.2. Comparison 1 Corticosteroids versus no treatment or placebo, Outcome 2 Mortality - adults, severe pneumonia, by allocation concealment.**



# For whom? ICU patients

Article	N	Intervention	Outcome
<p>Confalonieri, AJRCCM 2005</p>	48	<p>HSHC 240mg/d x 7d vs. PLA</p>	<p>PaO<sub>2</sub>:FiO<sub>2</sub> MODS</p>
<p>Torres, JAMA 2015</p>	120	<p>MPD 1mg/kg/d x 5d vs. PLA</p>	<p>Therapeutic failure</p>
<p>Meduri, ICM 2022</p>	584	<p>MPD 40mg/d x 7d Tapered till D20 vs. PLA</p>	<p>Mortality Day 60</p>
<p>Dequin, NEJM 2023</p>	795	<p>HSHC 200mg/d x 4d Tapered till D7-14 vs. PLA</p>	<p>Mortality Day 28</p>



ICU

-low-risk of bias trials  
-clinically relevant outcome



# For whom? CAP-related septic-shock?

## APROCCHSS trial, post-hoc

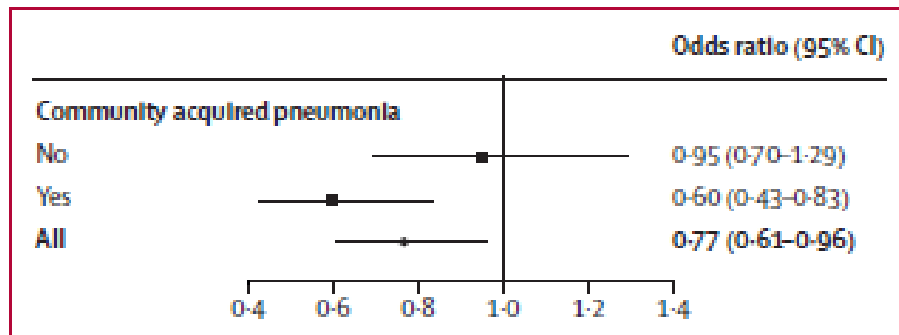


Figure 1: Forest plot of corticosteroid effects across subgroups with or without community acquired pneumonia

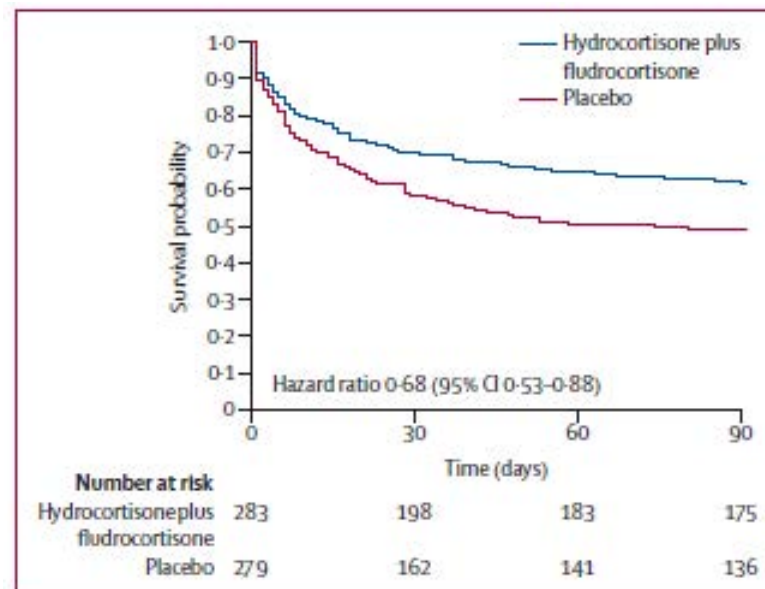


Figure 2: 90-day survival distributions

# For whom? Immuno-suppressed patients?

Only data for HIV-related pneumocystosis

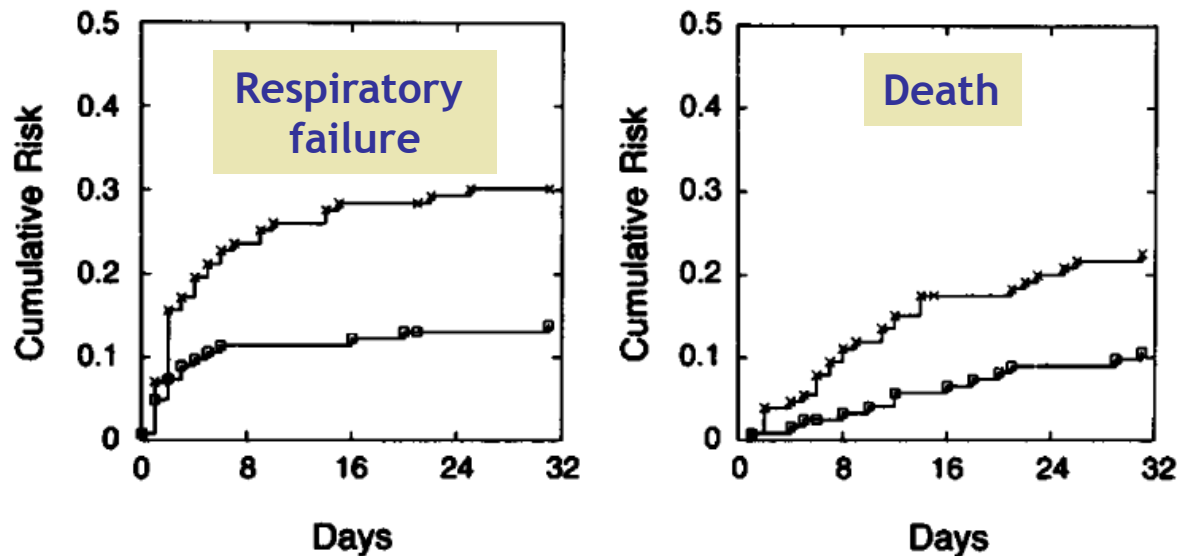


Figure 1. Cumulative Risk of an Unfavorable Outcome over a Period of 31 Days.

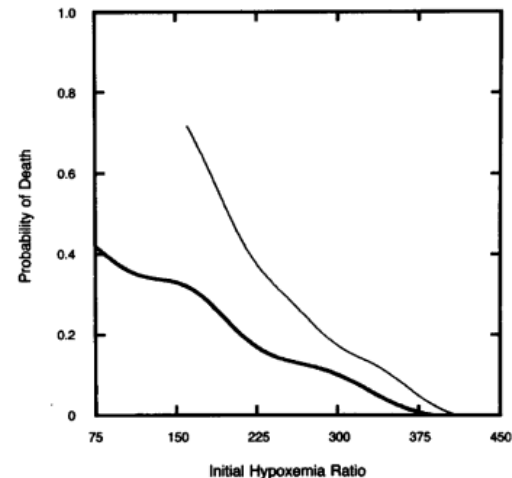


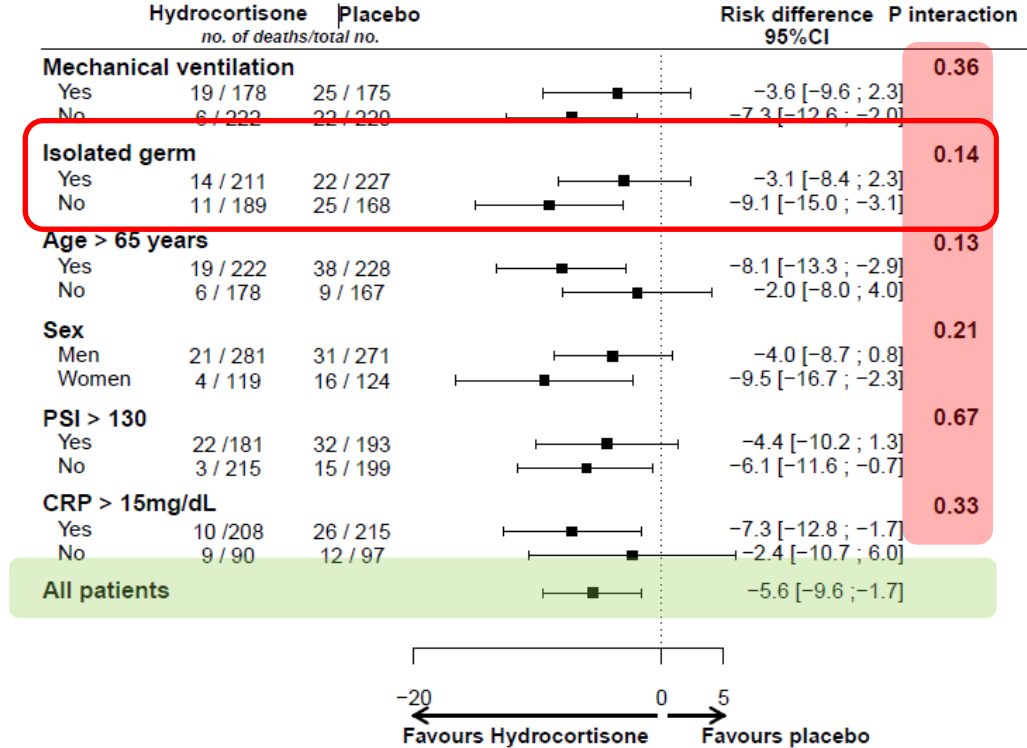
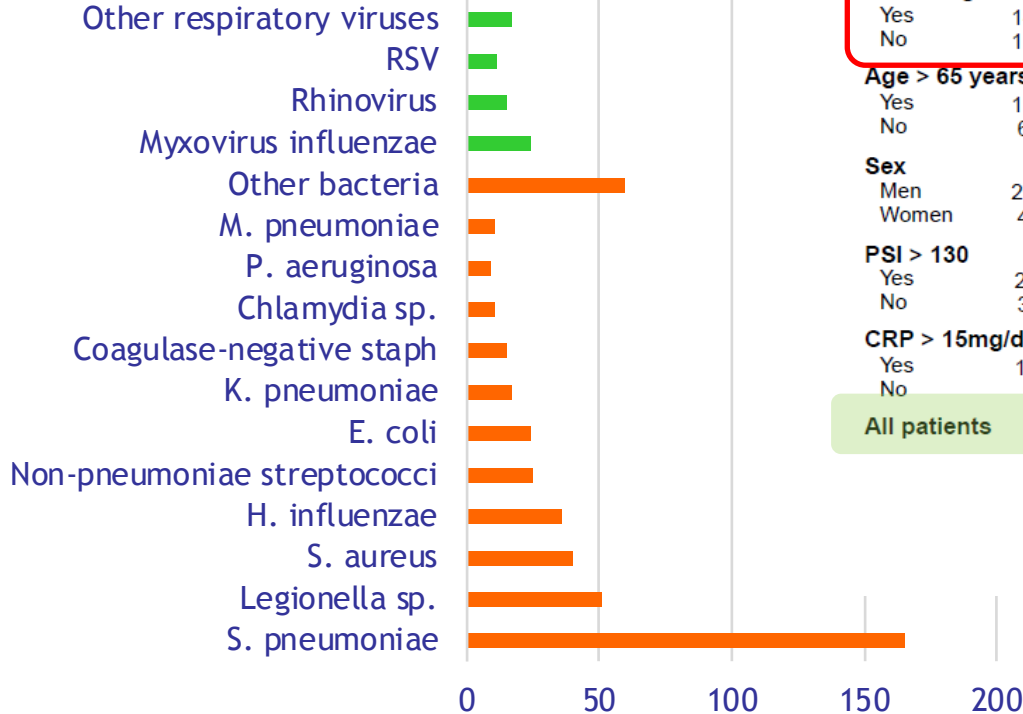
Figure 2. Probability of Death from Respiratory Causes, According to Initial Hypoxemia Ratio.

# For which pathogen?



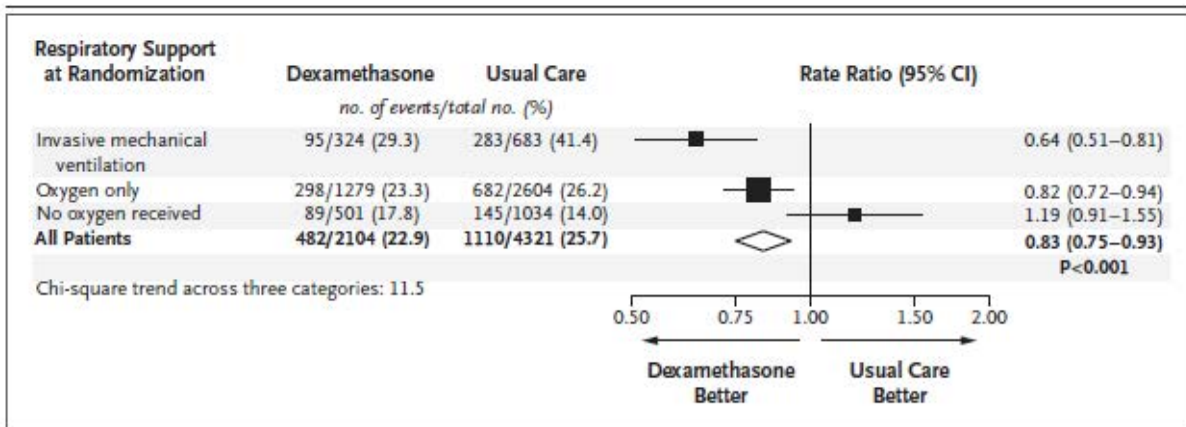
At least 1 identified pathogen:  
**54%**

Hydrocortisone in Severe Community-Acquired Pneumonia  
P. F. Dargatzis, P. Mouton, J. P. Quartet, T. Karali, J. D. Ricard, J. Sadek, J. Begon, N. Henning, G. Planche, B. Souverein, G. Wainwright, G. Cole, J. P. Knafl, P. Mira, N. Barbault, B. Frangou, G. Lina, S. Gillet, C. Guillemin, C. Giacardi, S. Harach, S. Vermeir, E. L'Her, H. Farn, J. E. Herberich, C. Boucsein, A. Jont, N. Terci, A. Gascara, C. Quenec'h, M. Jourdain, M. Loubes, C. Collet, H. Rougier, C. Langella, C. Collet-Frenkel, B. Gouillon, and A. Le Gall, for the CRICB TRIGGER-Net\*  
DOI: 10.1056/NEJMoa2101000



# Even for viruses?! Once upon a time...

Clinical evidence does not support corticosteroid treatment for 2019-nCoV lung injury *Russell, Lancet 2020;395:473-5.*



**Figure 3.** Effect of Dexamethasone on 28-Day Mortality, According to Respiratory Support at Randomization.

*Recovery Collaborative Group, New Engl J Med 2021;384:693-704.*

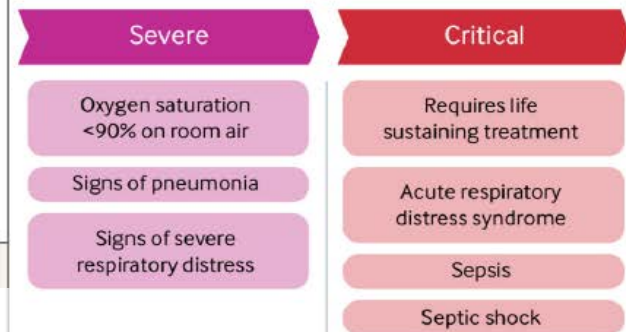


Strong recommendations in favour

## covid-19 indications

See an interactive version of this graphic online

<https://bit.ly/BMJrccovid>



**UPDATE**

Corticosteroids

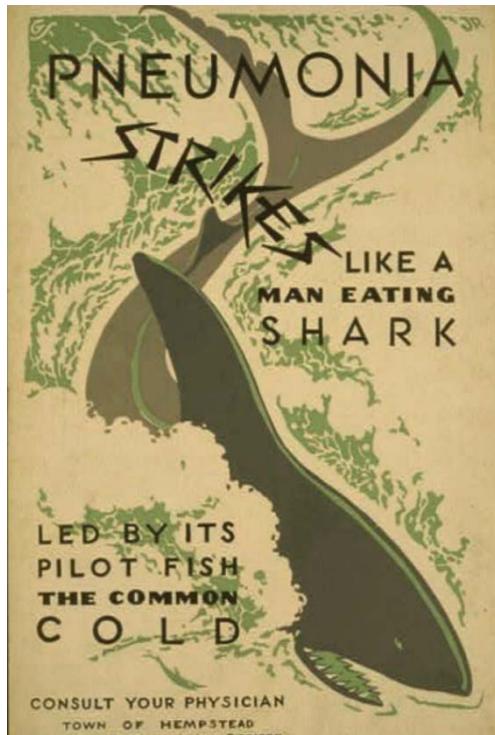
IL-6 receptor blockers

Baricitinib

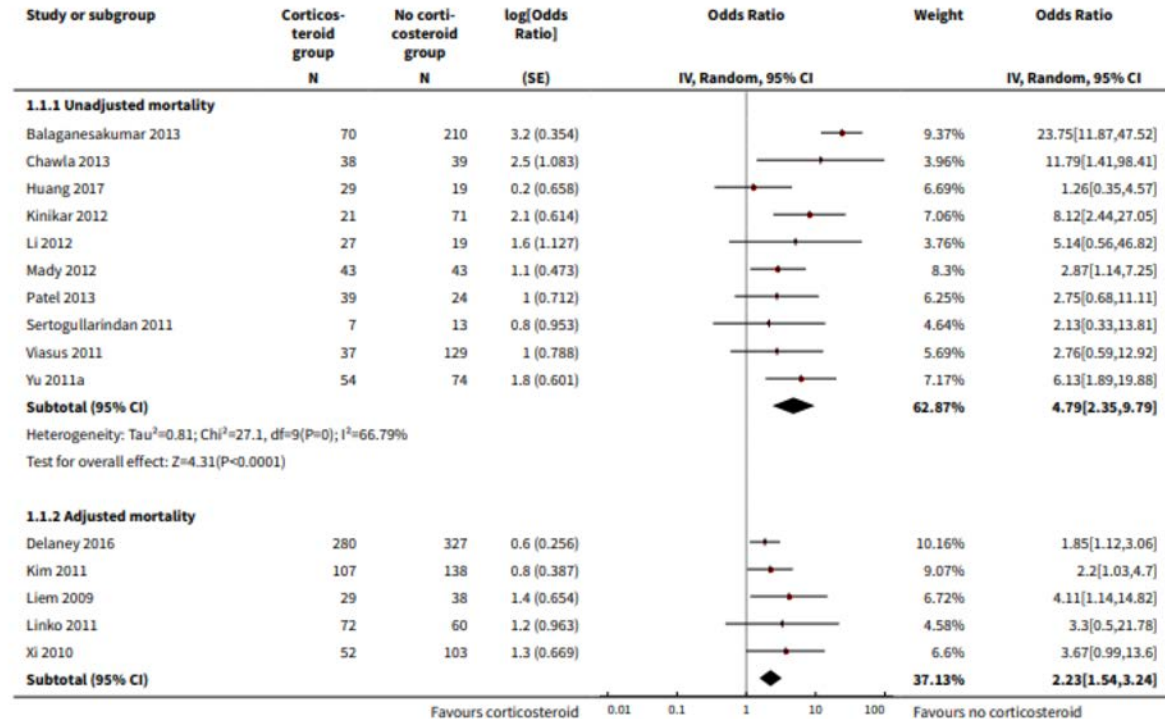
All three may be combined




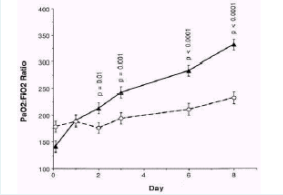

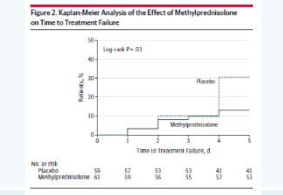

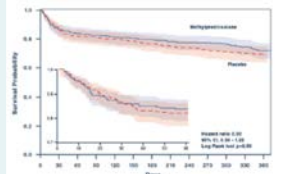


# For flu? No to date!



**Analysis 1.1. Comparison 1 Corticosteroid therapy versus no corticosteroid therapy, Outcome 1 Mortality following admission, hospitalised participants - studies reporting odds ratios.**



# How? Are all corticosteroids equal?

Article	N	Intervention	Outcome
 <p>Confalonieri, AJRCCM 2005</p>	48	<p>HSHC 240mg/d x 7d vs. PLA</p>	<p>PaO<sub>2</sub>:FiO<sub>2</sub> MODS</p> 
 <p>Torres, JAMA 2015</p>	120	<p>MPD 1mg/kg/d x 5d vs. PLA</p>	<p>Therapeutic failure</p> 
 <p>Meduri, ICM 2022</p>	584	<p>MPD 40mg/d x 7d Tapered till D20 vs. PLA</p>	<p>Mortality Day 60</p> 
 <p>Dequin, NEJM 2023</p>	795	<p>HSHC 200mg/d x 4d Tapered till D7-14 vs. PLA</p>	<p>Mortality Day 28</p> 



ICU

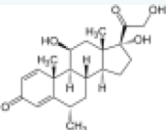
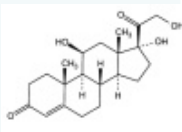
# How? Two recent and discordant trials



	ESCAPE (N=584/1,406)		CAPE COD (N=795/1,200)	
MV	33.0%		44.4%	
Vasopressors	13.0%		11.6%	
PIS class IV or V	82.0%		82.6%	
Sex ratio	26.8		2.27	
Age (y)	69		67	
Death on D 28			6.2%	<b>P=0.006</b> 11.9%
Death on D60	16.0%	<b>P=0.61</b> 18.0%		
Death on D90			9.3%	<b>P=0.02</b> 14.7%

# Why these discrepancies?



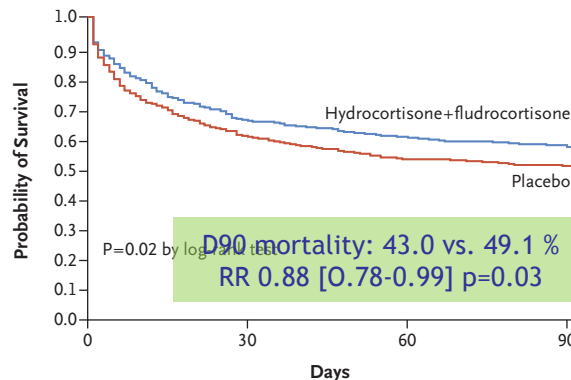
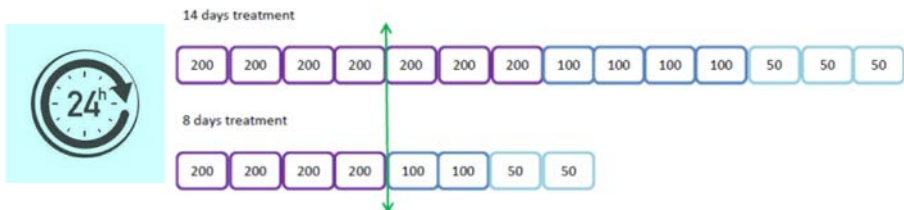
	ESCAPE (N=584/1,406)	CAPE COD (N=795/1,200)
Sex ratio	26.8	2.27
Corticosteroid	 MPD 40 mg/d x 7d then tapered	 HC 200 mg/d x 4-7d then tapered
Inclusion window	<96h post hospital admission	<24h post 1 <sup>st</sup> severity criterion
Treatment course	20 d	8-14 d (median: 5 d)

Heterogeneity in the treatment effect ?

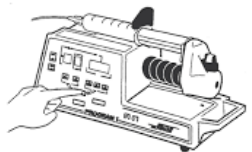
# Hydrocortisone as a panacea?



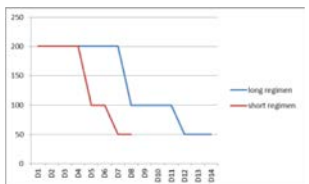
**Hydrocortisone in Severe Community-Acquired Pneumonia**  
 et al. Roggen *et al.*, *Journal of Intensive Care Medicine* 2013; 28(1): 1-10



Scheme adapted to evolution on day 4  
 Experimental treatment stopped at ICU discharge  
 (median HC infusion: 5 days)



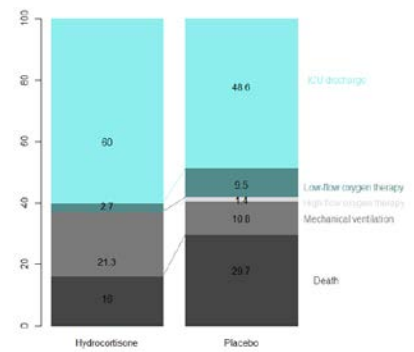
Continuous infusion



Gradual tapering



*Annane et al. NEJM 2018;378:809-18.*



Day 28 status,  $p=0.025$   
 CAPE-COVID trial, post-hoc analysis

*Dequin PF et al. JAMA 2020;324:1298-306.*

# How? How it works?



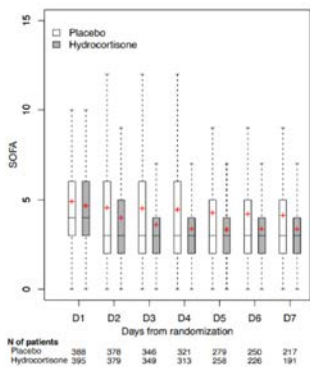
**Hydrocortisone in Severe Community-Acquired Pneumonia**  
 et al. Rogers, D. Weaver, J. et al. *New England Journal of Medicine*, 2008

## Death from Any Cause by Day 28

Difference, -5.6 percentage points (95% CI, -9.6 to -1.7); P=0.006



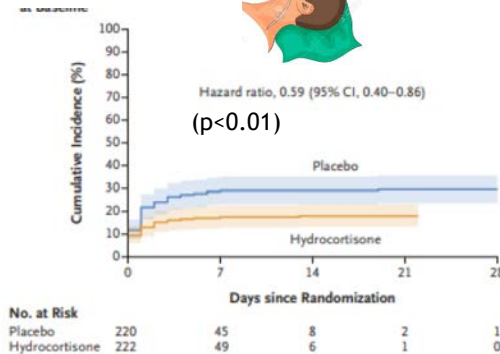
## SOFA score



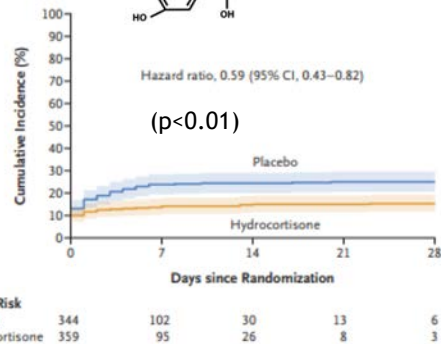
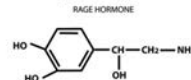
(p=0.003)



Hazard ratio, 0.59 (95% CI, 0.40-0.86)  
 (p<0.01)



## Norepinephrine

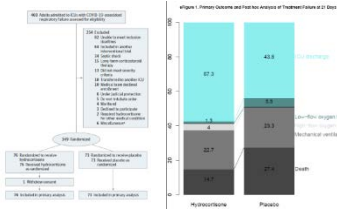




# Anti-inflammatory hypothesis?

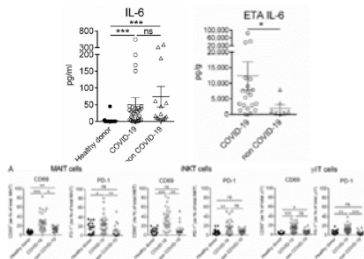
- 20 patients w COVID-19
- Co-included in IMPACT study and CAPE-COVID RCT

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT  
Effect of Hydrocortisone on 21-Day Mortality or Respiratory Support Among Critically Ill Patients With COVID-19  
A Randomized Clinical Trial



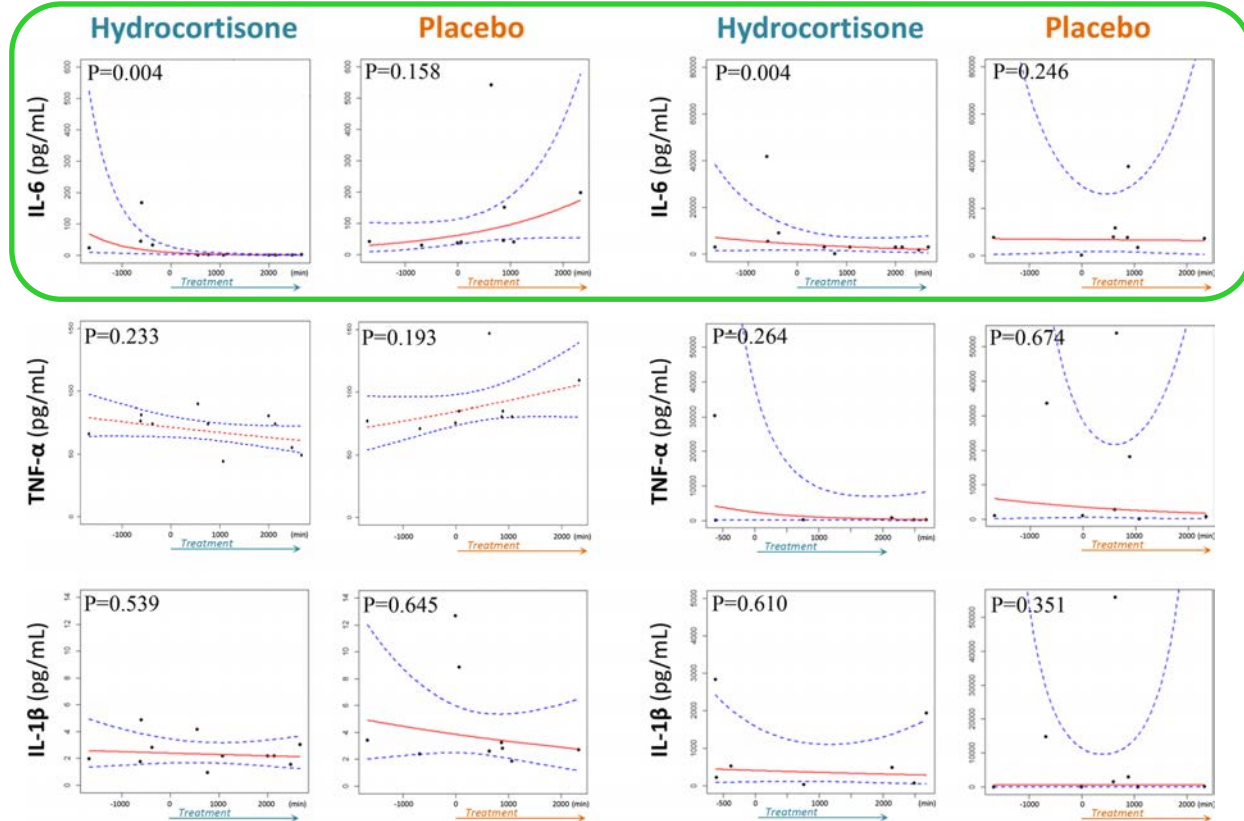
## Phenotypical and functional alteration of unconventional T cells in severe COVID-19 patients

Youssef Jouan<sup>1,2,3,4</sup>, Antoine Guillon<sup>1,3,4</sup>, Loïc Gonzalez<sup>1,3,4</sup>, Yonatan Perez<sup>2,3,4</sup>, Chloé Boisseau<sup>2,4</sup>, Stephan Ehrmann<sup>1,2,3,4</sup>, Marion Ferreira<sup>2,4</sup>, Thomas Daix<sup>1,3,4</sup>, Robin Jeanne<sup>1,3,4</sup>, Bruno François<sup>1,3,4</sup>, Pierre-François Dequin<sup>1,3,4</sup>, Mustapha Si-Tahar<sup>1,2,4</sup>, Thomas Baraké<sup>1,2,3,4</sup>, and Christophe Paget<sup>1,3,4</sup>



### Cytokines measured in blood

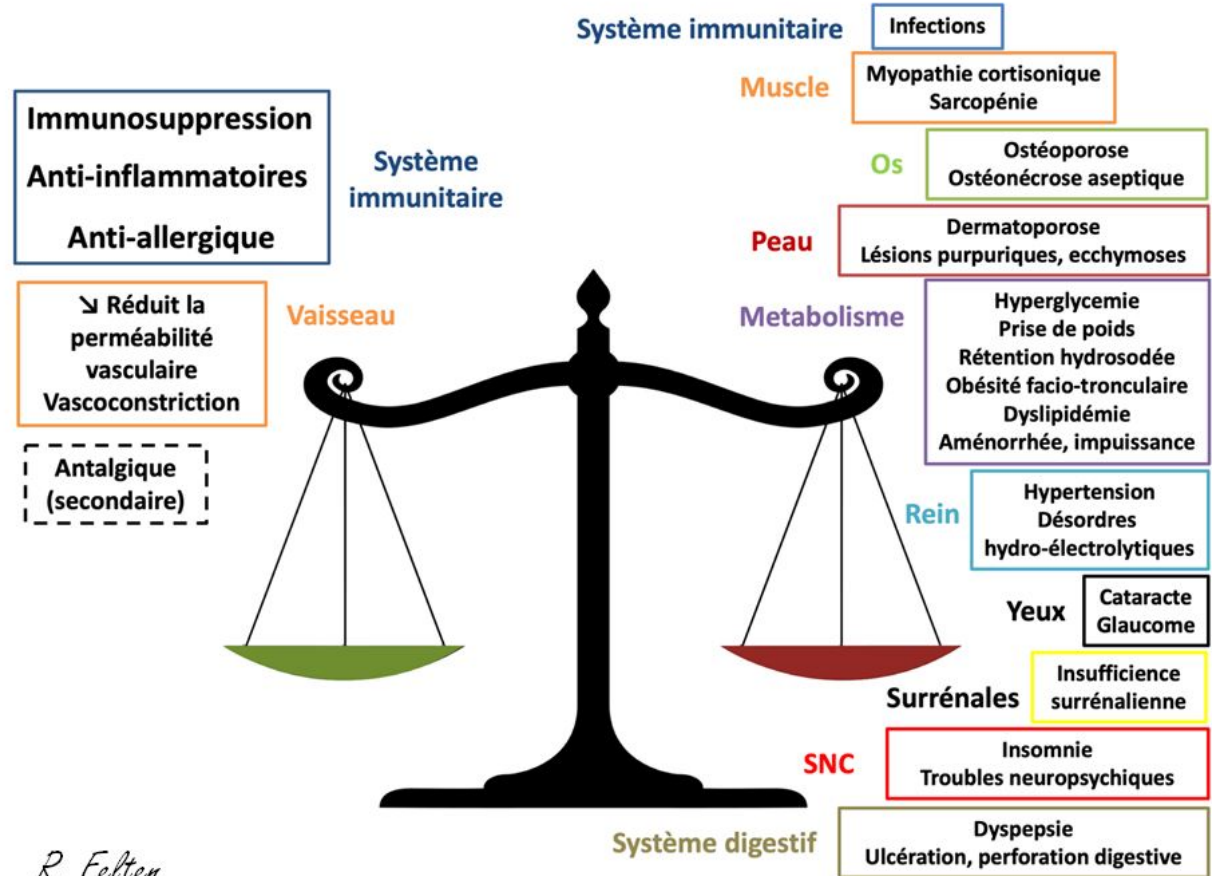
### Cytokines measured in respiratory fluids





# Is it safe?

**SIDE EFFECTS**



R. Felten

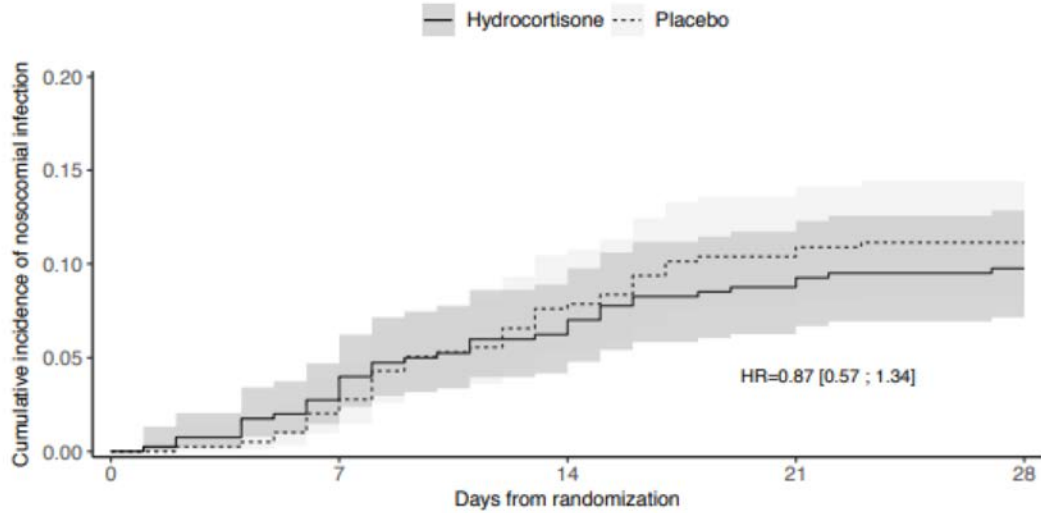
# Are corticosteroids safe in critically-ill patients?



sCAP

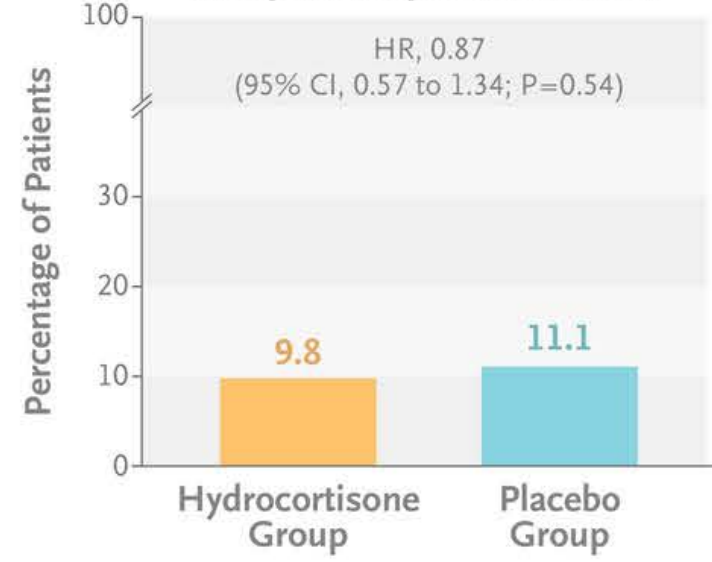
## Hydrocortisone in Severe Community-Acquired Pneumonia

F. J. Douglas, P. Mouton, J. A. Quinlan, T. Karnal, J. D. Ricard, J. Soble, J. Reigman, R. Henning, G. Platterhoff, B. Souverein, G. Wainwright, G. Colby, J. P. Hsu, J. M. Mura, M. Barbic, B. Frangou, G. Linares, S. Gillet, G. Gauthier, C. Giacardi, S. Hensch, S. Vireux, E. L'Her, M. Fares, J. E. Herbrecht, C. Brochez, A. Jorin, M. Terc, A. Gacem, C. Quenec'h, M. Jourd'heuil, M. Lachet, C. Collet, H. Rougier, C. Langella, C. Colla-Franca, B. Goussard, and A. Le Gall, for the CRICS TRIGGERSEP Network\*



	0	7	14	21	28
Hydrocortisone	400	150	53	17	6
Placebo	395	193	63	27	10

## Hospital-Acquired Infection



VAP	
HC (n=152)	Placebo (n=171)
32.0 (21.0%)	38.0 (22.2%)

Cumulative incidence of hospital-acquired infection

# Are corticosteroids safe in critically-ill patients?

The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812      MAY 21, 2013      VOL. 368      NO. 21

## Hydrocortisone in Severe Community-Acquired Pneumonia

F. F. Dequin, F. Merle, J. P. Quenot, T. Karst, J. D. Ricard, J. Saller, J. Begon, N. Heming, G. Planche, B. Souweire, G. Wasiak, G. Collin, J. P. Hau, J. P. Mira, N. Barbere, B. François, G. Lina, S. Collin, C. Guibert, C. Giacardi, S. Harsch, S. Vitman, E. L'Her, H. Fara, J. E. Herbich, C. Boucraie, A. Juret, H. Tercé, A. Gacouss, C. Quenec'h, M. Jourd'heuil, M. Laroche, C. Collin, H. Rougier, C. Langella, C. Collin-Frenkel, B. Girardot, and A. Le Gall, for the CRICS TRIGGERSEP Network\*



sCAP

	HC (n=231)	Placebo (n=177)	Median of difference	p
Insulin therapy, from inclusion to D7 Median (IQR), IU/day	35.5 [15.0; 57.5]	20.5 [9.4; 48.5]	8.7 [4.0; 13.8]	0.0002

# Are corticosteroids safe in critically-ill patients?

## Sepsis and septic shock

### Adverse events

Superinfection	10	6970	1.04	0.95 to 1.15
Hyperglycemia	10	7017	1.05	0.98 to 1.12
Hypernatremia	6	5033	2.01	1.56 to 2.60
Gastroduodenal bleeding	8	2748	1.11	0.83 to 1.48
Muscle weakness	5	2647	1.73	1.49 to 1.99

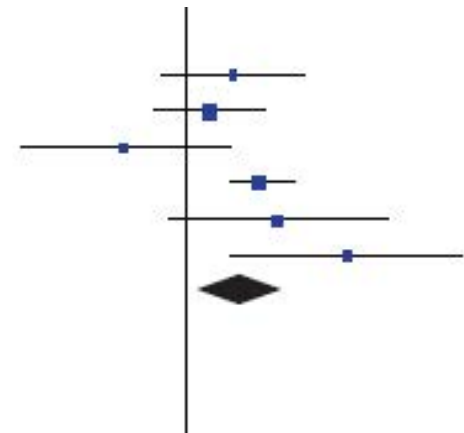
# Are corticosteroids safe in critically-ill patients?

## Influenza-associated pulmonary aspergillosis

### 1.3.5 Corticosteroids

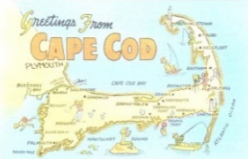
Duan <i>et al.</i> 2021	10	72	6	84	17.8%	2.10 [0.72, 6.09]
Huang <i>et al.</i> 2019	23	63	13	46	22.0%	1.46 [0.64, 3.32]
Nyga <i>et al.</i> 2020	3	10	13	25	11.5%	0.40 [0.08, 1.89]
Schauwvlieghe <i>et al.</i> 2018	46	83	99	349	28.2%	3.14 [1.92, 5.13]
Waldeck <i>et al.</i> 2020	7	9	33	72	10.8%	4.14 [0.80, 21.29]
Wauters 2012	7	9	7	31	9.6%	12.00 [2.02, 71.36]
<b>Subtotal (95% CI)</b>		<b>246</b>		<b>607</b>	<b>100.0%</b>	<b>2.28 [1.18, 4.39]</b>

Total events 96 171  
Heterogeneity:  $\text{Tau}^2=0.33$ ;  $\text{Chi}^2=11.26$ ,  $\text{df}=5$  ( $P=0.05$ );  $I^2=56\%$   
Test for overall effect:  $Z=2.47$  ( $P=0.01$ )



Effect of administration regimen?

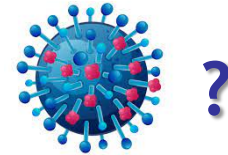
# And in the future?



Biobank  
Long-term effects?

CRP treshold?  
IPDMA, CAP and sCAP  
*Smit JM et al. (submitted)*

CAP-MA  
IPDMA  
(CAP, sCAP, CAP-related ARDS and CAP-related septic shock)



Influenza

GUARDS



# Here and now

## Hydrocortisone for almost everyone w/ sCAP

Whatever the pathogen  
(But not (yet) for flu!)

So-called “low-dose”  
Early start  
Short-time  
Add  $9\alpha$ -FC if septic shock

CRP treshold?

