Evaluation de la fonction ventriculaire droite

Vendredi 18 Novembre 2022

Pr Julien MAIZEL
Médecine Intensive Réanimation
CHU Amiens

Echo-Doppler Demonstration of Acute Cor Pulmonale at the Bedside in the Medical Intensive Care Unit

Antoine Vieillard-Baron, Sebastien Prin, Karim Chergul, Olivier Dubourg, and François Jardin

Am J Respir Crit Care Med Vol 166. pp 1310–1319, 2002

Florence Boissier
Sandrine Katsahian
Keyvan Razazi
Arnaud W. Thille
Ferran Roche-Campo
Rusel Leon
Emmanuel Vivier
Laurent Brochard
Antoine Vieillard-Baron
Christian Brun-Buisson
Armand Mekontso Dessap

Prevalence and prognosis of cor pulmonale during protective ventilation for acute respiratory distress syndrome

Figure 5 Landmark Analysis

Landmark analysis at month 12 of 52 patients with decreased PVR after therapy. Patients with stable/increased RVEF ($n = 39$) had better survival rates than patients with decreased RVEF ($n = 13$) ($p < 0.001$). Abbreviations as in Figure 2.

FIGURE 2. Cumulative survival curves according to the initial P_{PA} . Dotted line represents predicted survival among men 40-50 years old.

FIGURE 2 RV Myoarchitecture

(A) Normal heart viewed from the front shows the circumferential arrangement of superficial RV and middle LV layers of aggregated cardiomyocytes. (B) Opened normal RV showing longitudinally arranged subendocardial myocyte aggregates (black dashed lines). CSO = coronary sinus ostium; LV = left ventricle; PT = pulmonary trunk; other abbreviations as in [Figure 1](#).

FIGURE 3 3-Dimensional Representation of Helical Streamlines of Normal RV Intracavitary Flow During Systole

Reprinted with permission from Sengupta and Narula (28).

Grande capacitance, grande compliance,
préservation du débit

Fig. 1 The three determinants of venous return. At equilibrium, cardiac output (CO) and venous return (VR) are similar. Venous return is the inflow of the right heart. Its three determinants are the mean systemic filling pressure (Pmsf), the right atrial pressure (RAP) and the resistance to venous return (RVr) according to the formula: $\text{venous return} = (\text{Pmsf} - \text{RAP}) / \text{RVr}$. LV: left ventricle, RV: right ventricle

FIGURE 1 Comparison of Pressures in the Aorta and Pulmonary Artery in Control and Hypertension

The increase in the pulmonary arterial resistance and pressure may be a factor 5 compared with about 50% in the systemic circulation. In the pulmonary artery, systolic and diastolic pressures are about 1.6 and 0.6 times mean pressure, respectively. This proportionality is not found in the systemic circulation. **Left panel** was constructed from data in Table 1 of London et al. (3).

The task force defined **RVF** as a complex clinical syndrome characterized by **insufficient delivery of blood from the RV** and **elevated systemic venous pressure at rest or exercise**.

CENTRAL ILLUSTRATION Sequence of Events

The Right Ventricle and Its Load in Pulmonary Hypertension

Pulmonary vessel narrowing leads to increased vascular load on right ventricle (RV)

RV adapts by increasing muscle contractility and wall thickness ("coupling")

To maintain cardiac output, RV dilates and heart rate increases
Increase in wall stress and oxygen consumption per gram follow
Leftward septal bowing results

Final stage:
Uncoupling occurs with high metabolic demand and reduced output

Vonk Noordegraaf, A. et al. *J Am Coll Cardiol*. 2017;69(2):236-43.

The consequence of pulmonary hypertension for the right ventricle. Initially, coupling of the ventricle to the high arterial load is maintained by increasing contractility, subsequently followed by dilation and finally uncoupling. RV = right ventricle.

ICU ++

TABLE 1 Etiologies of RV Pressure Overload, Volume Overload, and RV Cardiomyopathy

RV Pressure Overload	RV Volume Overload	RV Cardiomyopathy
Pulmonary hypertension*	Valvular regurgitation	Myocardial infarction
Pulmonary arterial hypertension	Tricuspid	ARVC
Due to left heart disease	Pulmonary	Dilated cardiomyopathy
Due to lung disease and/or hypoxia	Systemic-to-pulmonary shunt	Hypertrophic cardiomyopathy
CTEPH and other pulmonary artery obstructions	Atrial septal defect	Amyloidosis
Unclear and/or multifactorial mechanisms	Partial anomalous pulmonary vein drainage	Myocarditis
Pulmonary valve stenosis	High output states† (i.e., thyrotoxicosis)	Sarcoid
Pulmonary artery stenosis		Transplant
Pulmonary embolism		Post-surgery
		Post-LVAD
		Cardiotoxicity (i.e., chemotherapy)
		Sepsis

*Main groups according to the European Society of Cardiology Classification. †Concomitant left ventricular volume overload.

ARVC = arrhythmogenic right ventricular cardiomyopathy; CTEPH = chronic thromboembolic pulmonary hypertension; LVAD = left ventricular assist device; PAPVD = partial anomalous pulmonary vein drainage.

Méthodes d'évaluation classiques mais pas
très pratiques du VD

IRM cardiaque

Dysplasie arythmogène du VD

Amylose cardiaque

Jain, J Cardvasc Magn Reson 2008

Wan Heart Vessels 2018

PVC : Pression Veineuse Centrale	3 à 8 cm H ₂ O
POD : Pression Oreillette Droite	0 à 8 mmHg
PVD : Pression Ventricule Droit	systolique : 15 à 30 mmHg télédiastolique : 0 à 8 mmHg
PAP : Pression Artère Pulmonaire	systolique : 15 à 30 mmHg diastolique : 3 à 12 mmHg moyenne : 9 à 16 mmHg
Pcap : Pression capillaire	1 à 10 mmHg
DC : Débit Cardiaque	5 à 6 l / mn
IC : Index Cardiaque	DC / surf. corp. (l/min/m ²) = 2,5 à 3,5
PAM : Pression Artérielle Moyenne	PAD + ((PAS - PAD) / 3)
IS : Index systolique	IC / Fc (ml / bat / m ²) = 40 à 50
RVSI : Résistance vasculaire systémique	(PAM - POD) × 80 / IC = 2000 à 2400
RVPI : Résistance pulmonaire	(PAP - Pcap) / DC = 48 à 88
IWSVG : travail du VG	(PAM - Pcap) x IS x 0,0136 = 35 à 85
IWSVD : travail du VD	
CaO ₂ : contenu artériel en oxygène	(SaO ₂ x Hb x 1,34) + (PaO ₂ x 0,003)
DAV : différence artério-veineuse	CaO ₂ - CvO ₂ = 4 +/- 0,5 ml / 100 ml

Méthodes d'évaluation classiques et simples d'utilisation du VD

Analyse de la taille du VD

Rapport des surfaces ou des diamètres:

$$VD/VG < 0.6$$

Obtenir la bonne incidence

Figure 6 Diagram showing the recommended apical 4-chamber (A4C) view with focus on the right ventricle (RV) (1*) and the sensitivity of right ventricular size with angular change (2,3) despite similar size and appearance of the left ventricle (LV). The lines of intersection of the A4C planes (1*,2,3) with a mid left ventricular short-axis are shown above and corresponding A4C views below.

CPA ou CPC ?

Epaisseur normale de la paroi libre du VD: < 6 mm

Analyse de la taille du VD: conséquence sur VG

D2/D1 compris entre 0.9 et 1.1

An Echocardiographic Index for Separation of Right Ventricular Volume and Pressure Overload

THOMAS RYAN, MD, OLIVERA PETROVIC, MD, JAMES C. DILLON, MD, FACC,
HARVEY FEIGENBAUM, MD, FACC, MARY JO CONLEY, WILLIAM F. ARMSTRONG, MD, FACC
Indianapolis, Indiana

JACC Vol. 5, No. 4
April 1985:918-24

Figure 4. Right ventricular volume overload. Parasternal short-axis views from a 20 year old woman with an atrial septal defect and a pulmonary artery systolic pressure of 18 mm Hg. Abnormal left ventricular shape, apparent at end-diastole, resolved at end-systole. Eccentricity index was 1.52 and 1.04, respectively. Abbreviations as in Figure 3.

Surcharge volumique

D2/D1 normal en systole
D2/D1 >1.1 en diastole

Figure 5. Right ventricular pressure overload. Parasternal short-axis views from a 28 year old woman with primary pulmonary hypertension (pulmonary artery systolic pressure of 68 mm Hg). Left ventricular deformity due to septal flattening is evident at both end-diastole and end-systole. Eccentricity index was 1.45 and 1.68, respectively. Abbreviations as in Figure 3.

Surcharge en pression

D2/D1 >1.1 en systole
D2/D1 >1.1 en diastole

Fonction systolique du VD

1. Fraction de raccourcissement de surface
2. Déplacement de l'anneau tricuspïdien:
 - TAPSE
 - Onde S DTI
3. Indice de performance myocardique (MPI)

Fraction de raccourcissement de surface du VD

$$\text{FRS} = (\text{STDVD} - \text{STSVD}) / \text{STDVD} > 35\%$$

Déplacement de l'anneau Tricuspidien: TAPSE

Dysfonction systolique VD:
TAPSE <16mm

Radial (rad) and longitudinal (long) contribution to SV for the right heart, left heart, and total heart.

TAPSE measurement: attention à l'axe de mesure

Ondes S DTI

Dysfonction systolique VD:
Onde S < 10 cm/s

Analyse en DTI de la vitesse de l'anneau tricuspideen à partir d'une coupe apicale des 4 cavités.

Mesure de la PAPS Tricuspid Regurgitation

Table 3 Estimation of RA pressure on the basis of IVC diameter and collapse

Variable	Normal (0-5 [3] mm Hg)	Intermediate (5-10 [8] mm Hg)		High (15 mm Hg)
IVC diameter	≤2.1 cm	≤2.1 cm	>2.1 cm	>2.1 cm
Collapse with sniff	>50%	<50%	>50%	<50%
Secondary indices of elevated RA pressure				<ul style="list-style-type: none">• Restrictive filling• Tricuspid E/E' > 6• Diastolic flow predominance in hepatic veins (systolic filling fraction < 55%)

Ranges are provided for low and intermediate categories, but for simplicity, midrange values of 3 mm Hg for normal and 8 mm Hg for intermediate are suggested. Intermediate (8 mm Hg) RA pressures may be downgraded to normal (3 mm Hg) if no secondary indices of elevated RA pressure are present, upgraded to high if minimal collapse with sniff (<35%) and secondary indices of elevated RA pressure are present, or left at 8 mm Hg if uncertain.

IVC, Inferior vena cava; RA, right atrial.

$$\text{PAPS} = 45 + 15 = 60\text{mmHg}$$

Mesure de la PAPS

Mesure des pressions droites à partir du flux d'insuffisance pulmonaire

$$PAPm = 4V_{max}^2 IP + POD$$

$$PAPd = 4V_{min}^2 IP + POD$$

$$PAPs = 3 PAPm - 2PAPd$$

POD : pression auriculaire droite mesurée directement par un cathéter veineux central (attention à la conversion de $cm H_2O$ en $mmHg$)

Calcul des résistances vasculaires pulmonaires

Figure 14 The two elements needed to calculate the noninvasive index of pulmonary vascular resistance (PVR) are found in this example. The ratio of peak tricuspid regurgitant velocity (TRV) (2.78 m/s) to the time-velocity integral (TVI) (11 cm) in the right ventricular outflow tract (RVOT) is abnormal at 0.25 (normal, ≤ 0.15). The estimated PVR is 2.68 using the formula $(\text{TRVmax}/\text{RVOT TVI}) \times 10 + 0.16$.⁸⁴ Adapted with permission from *J Am Soc Echocardiogr*.⁵²

Indice de performance myocardique (MPI)

$$\text{MPI} = \frac{\text{Temps de Relaxation IsoVolumique} + \text{Temps de Contraction IsoVolumique}}{\text{Temps d'éjection}}$$

Dysfonction VD si:

- MPI > 0.4 en Doppler
- MPI > 0.55 en DTI

1. Dépendant des conditions de charge: sous estimation en cas de POD élevée
2. Contre indiqué en cas d'arythmie

Figure 16 Calculation of right ventricular myocardial performance index (MPI) by pulsed Doppler (A) and pulsed tissue Doppler (B). The tricuspid (valve) closure opening time (TCO) encompasses isovolumic contraction time, ejection time (ET), and isovolumic relaxation time. In the pulsed Doppler method, TCO can also be measured by the duration of the tricuspid regurgitation continuous-wave Doppler signal. $\text{MPI} = (\text{TCO} - \text{ET})/\text{ET}$. Note that S', E', and A' are also measured from the same pulsed Doppler tissue image.

Nouvelles méthodes d'évaluation de la fonction du VD

Conséquences myocardiques

- Interactions cœur-poumons
- Patients polypathologiques

• **Hypothèse :**

La PEP pourrait diminuer le débit coronaire par majoration des pressions intrathoraciques

• **Objectif :**

Evaluer la variation du débit coronaire en ETO entre une basse PEP et une haute PEP

Caractéristiques démographiques de la population générale

N=32

37,5% 62,5%

Âge médian 64,5 ans

IMC médian 28,3 kg/m²

Comorbidités

SOFA score : 7

Vasopresseurs 93,8%
Inotropes 9,4%

Etiologie virale 40,6%

Sévérité du SDRA

- Léger 15,6%
- Modéré 25%
- Sévère 59,4%

46,9%

Mesure du débit coronaire en ETO

Echographie transoesophagienne

Coronaire gauche

Coronaire droite

Comparaison de la variation des variables cliniques et échographiques entre PEP basse et PEP haute dans chaque groupe

▲ Maintien du débit coronaire

● Diminution du débit coronaire

Conclusions

1. On n'évalue pas le VD comme on évalue le VG

- Pas la même anatomie
- Pas les mêmes propriétés
- Pas les mêmes paramètres d'évaluation

2. Gold standard: IRM myocardique
(fonction et étiologie)

3. Echocardiographie

- Dimension VD/VG
- Interaction VD/VG (septum)
- Fonction systolique (FRS, TAPSE, Stric)
- PAPS et POD

Bibliographie:

- Chemla D, Rev Mal Respi 2018
- Rudski LG, JASE 2010
- Sanz J, JACC 2019
- Lahm T, AJRCCM 2018