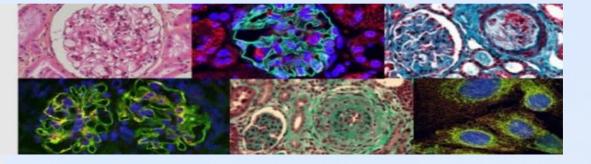
UMRS 1155 Des maladies rénales rares aux maladies fréquentes, remodelage et réparation



## Insuffisance rénale aiguë Actualités en réanimation 2020-2021



M.D., Ph.D. MIR Hôpital Avicenne, Bobigny/ Hôpital Jean Verdier, Bondy UMRS 1155, Tenon, PARIS Groupe de Recherche en Réanimation Rénale et Métabolique (G3RM)

**Stéphane Gaudry** 





## No conflict of interest regarding AKI or RRT

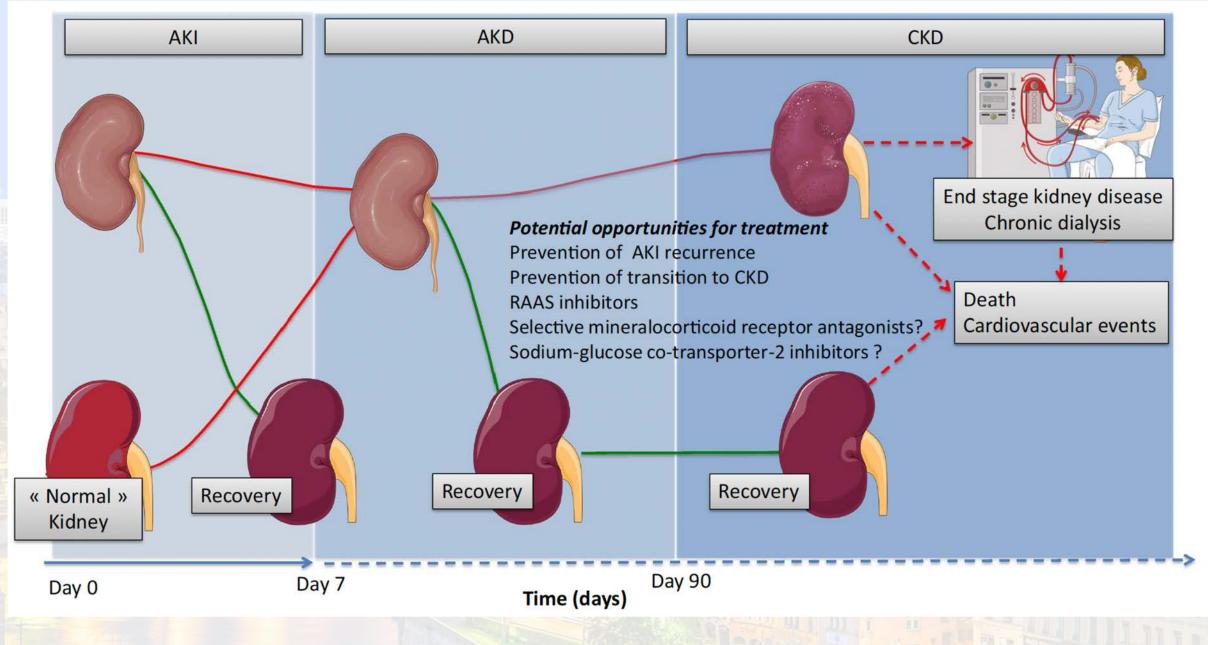
• AKIKI 1 and 2 trials were funded by French ministry of health





## AKI news (2020-2021)

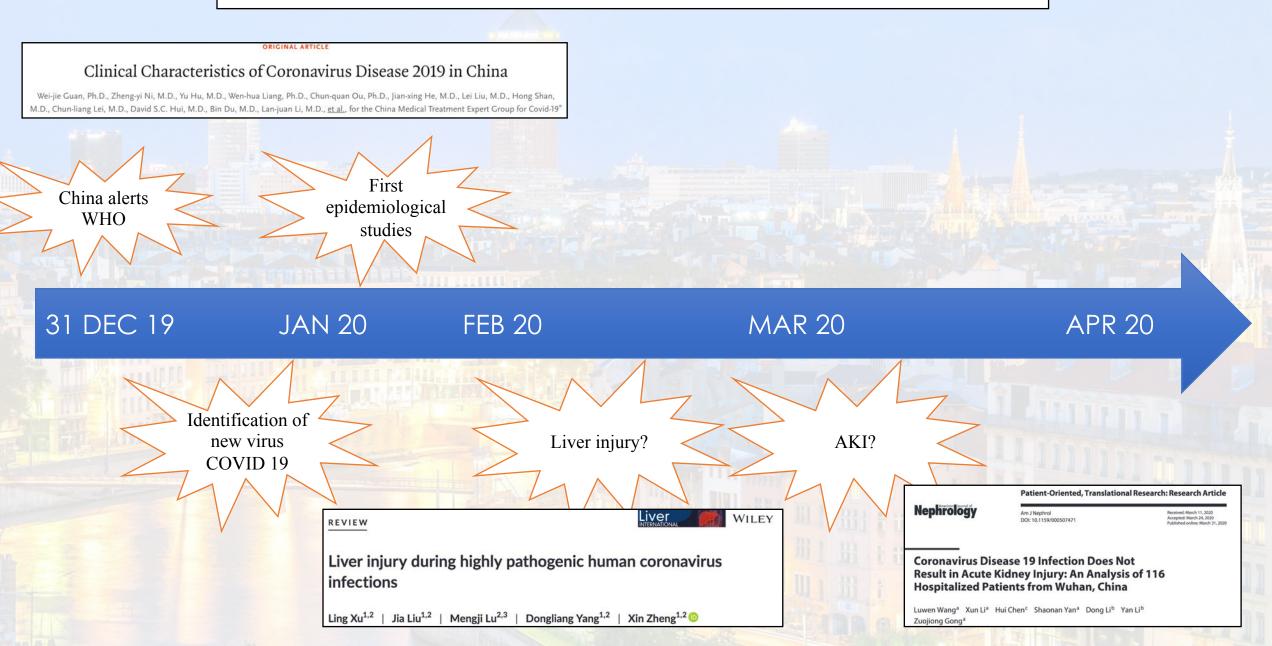
## AKI news (2020-2021) The definition of AKI



## AKI news (2020-2021) Severe SARS-COV2 Infection



## Research timeline during COVID 19 outbreak





## Severe Acute Kidney Injury in COVID-19 Patients with Acute Respiratory Distress Syndrome

Khalil Chaïbi, Myriam Dao, Tài Pham, Victor D. Gumucio-Sanguino , Fabio A. Di Paolo, Arthur Pavot, Yves Cohen, Didier Dreyfuss, Xosé Pérez-Fernandez and Stéphane Gaudry

American Journal of Respiratory and Critical Care Medicine



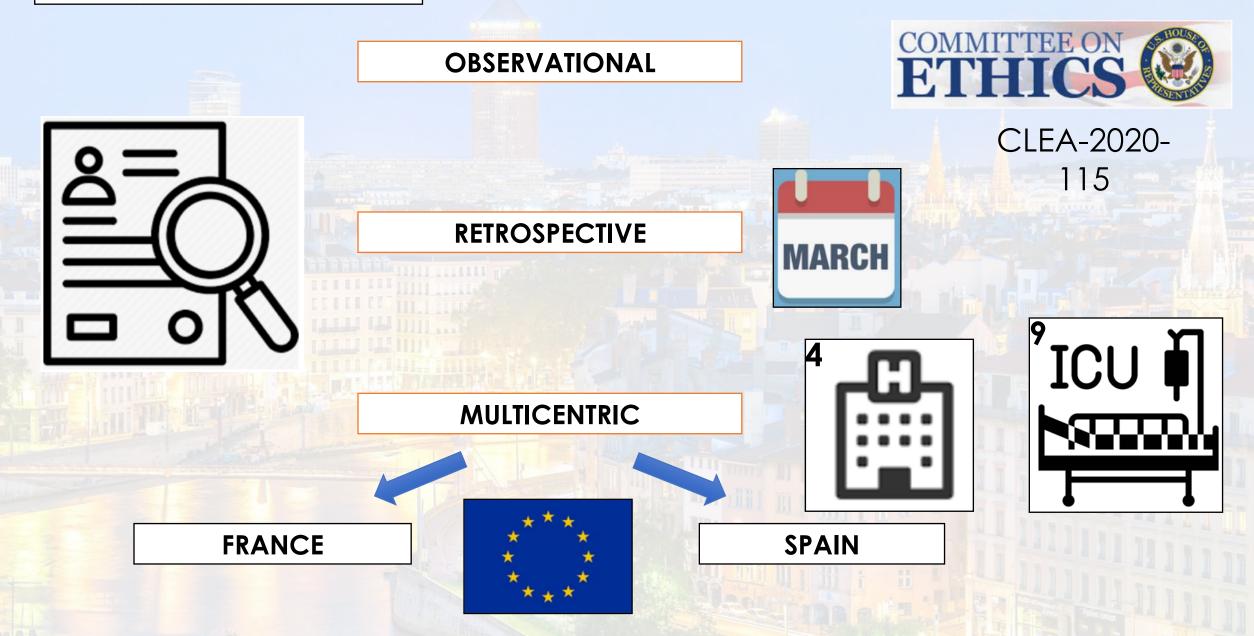


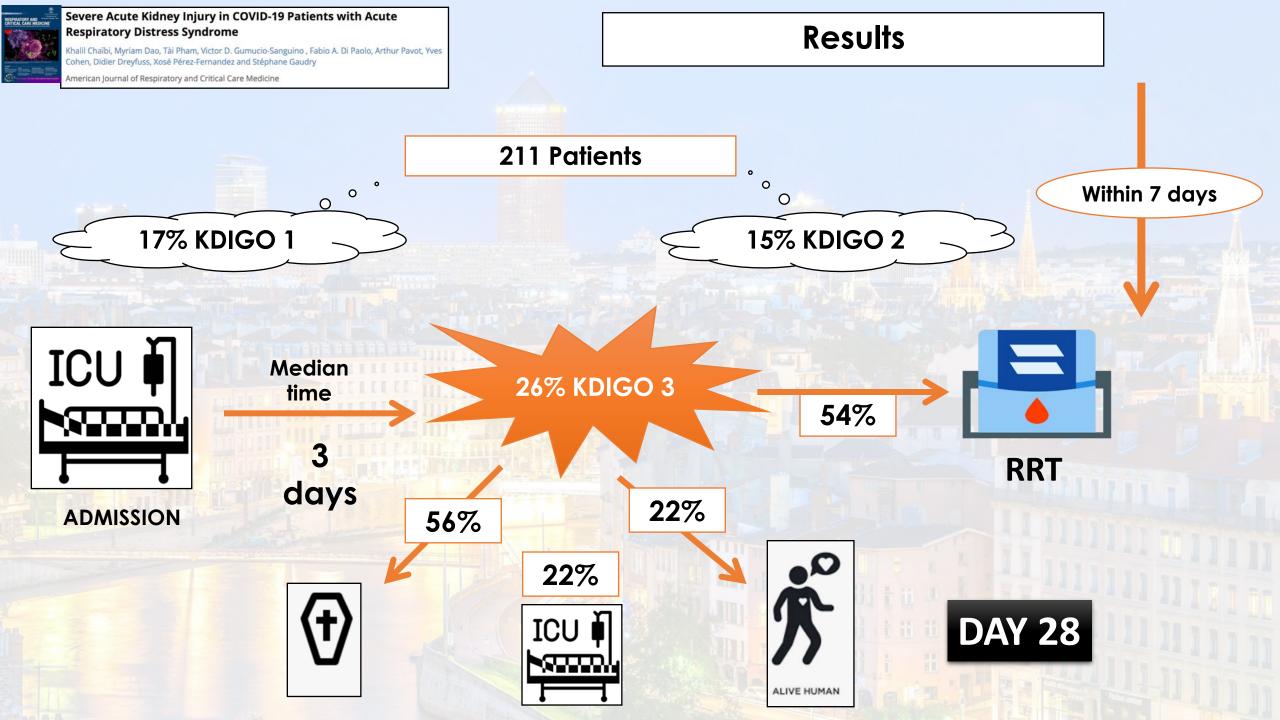
Severe Acute Kidney Injury in COVID-19 Patients with Acute Respiratory Distress Syndrome

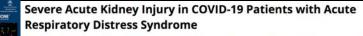
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American Journal of Respiratory and Critical Care Medicine

### **METHODS**





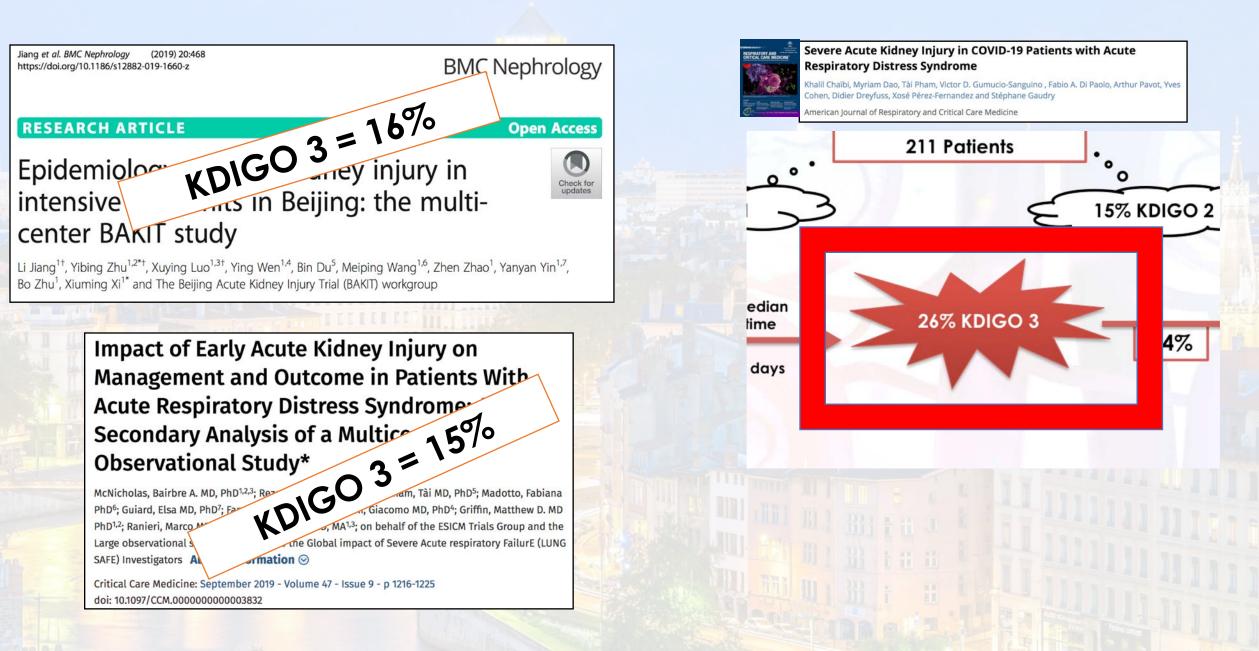


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American Journal of Respiratory and Critical Care Medicine

Patients who developed **KDIGO stage 3 AKI** were more likely to have **chronic kidney disease, higher body mass index** and **higher SOFA** score, they received **higher PEEP** and they received **nitric oxide therapy** or **vasopressor support** more frequently;

26% KDIGO



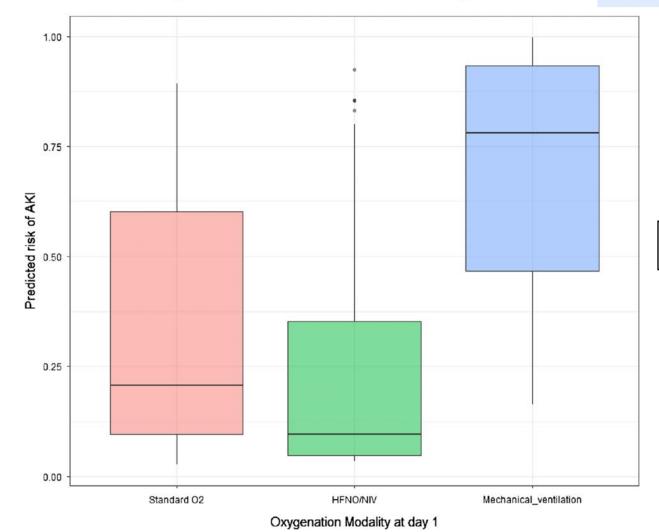
#### RESEARCH

#### Open Access



# Acute kidney injury in SARS-CoV2-related pneumonia ICU patients: a retrospective multicenter study

Guillaume Geri<sup>1,2,3,4\*†</sup>, Michael Darmon<sup>5,6,7†</sup>, Lara Zafrani<sup>5,6,8</sup>, Muriel Fartoukh<sup>9,10</sup>, Guillaume Voiriot<sup>9,10,11</sup>, Julien Le Marec<sup>10,12,13</sup>, Saafa Nemlaghi<sup>10,12,13</sup>, Antoine Vieillard-Baron<sup>1,2,3,4</sup> and Elie Azoulay<sup>5,6,7</sup>



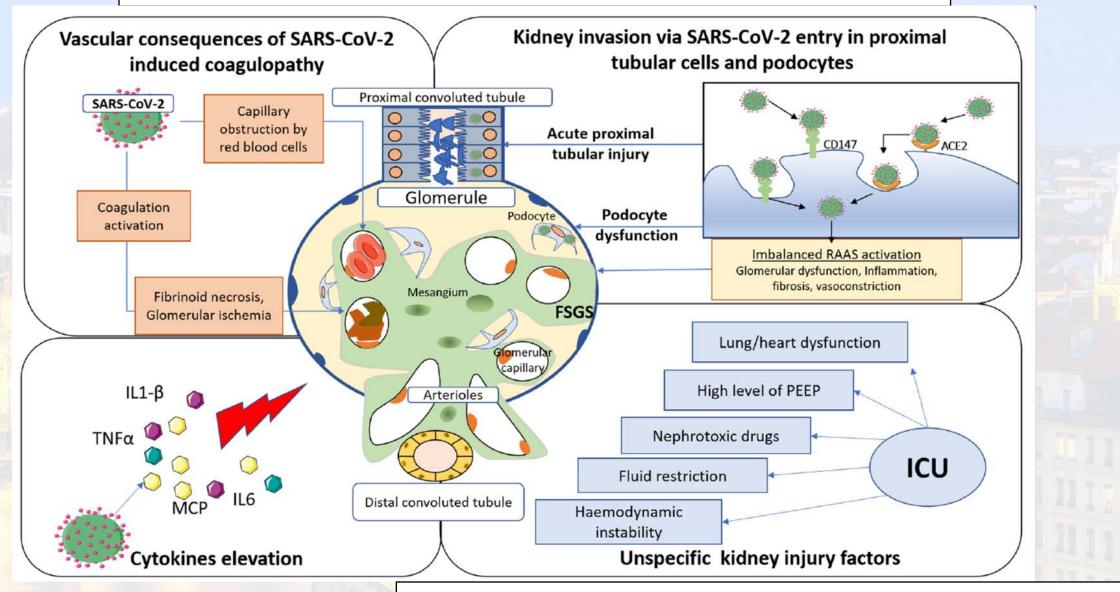
### 379 COVID-19 patients



### Invasive MV : OR: 4.83 [2.25–10.33]

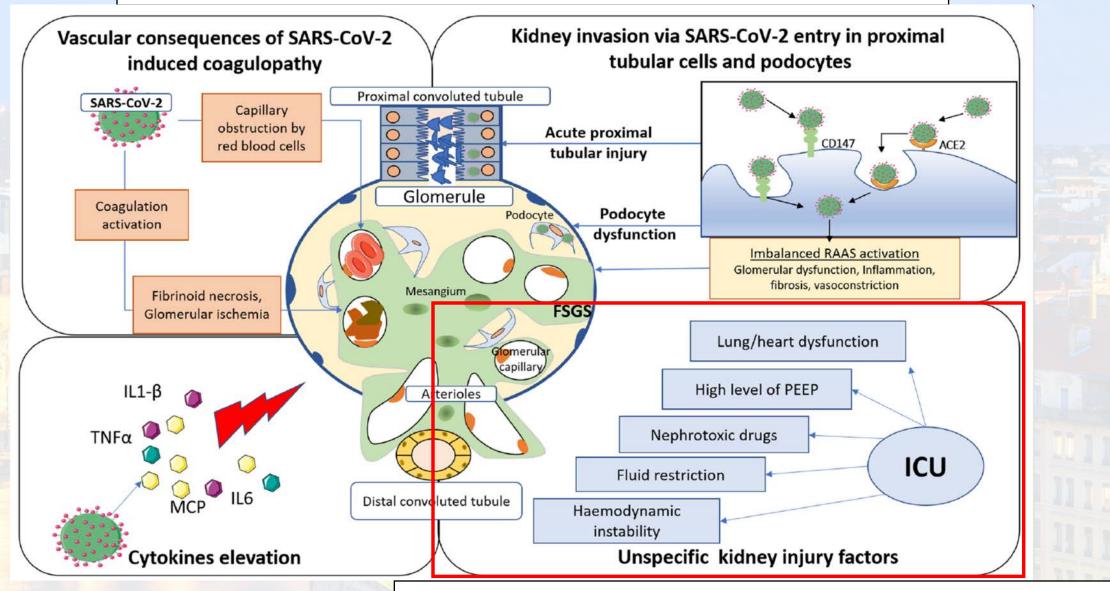


### Pathophysiology: SARS COV 2 direct effect



Acute kidney injury in critically ill patients with COVID-19, Gabarre and al, ICM, 2020

### Pathophysiology: SARS COV 2 direct effect



Acute kidney injury in critically ill patients with COVID-19, Gabarre and al, ICM, 2020

# **Prévenir** l'apparition ou l'aggravation de l'insuffisance rénale aiguë

- limiter les hauts niveaux de PEEP
- ne pas être trop restrictif sur le **remplissage vasculaire**
- Eviter les médicaments néphrotoxiques

### **Eviter les médicaments néphrotoxiques**

## Crise COVID: le retour aux sources (des erreurs.....)

- « Ce traitement marche très bien ! J'ai soigné des dizaines de patients avec ce médicament dans mon service »
- « ça marche in-vitro ! »
- « C'est du bon sens ! »
- « Au pire ça ne pourra pas faire de mal »
- « Ce n'est pas éthique de faire des essais thérapeutiques randomisés en situation de crise sanitaire et d'urgence !!! »

Back to the 80's

La ciclosporine dans le VIH

Tous les ingrédients de la catastrophe

- Urgence sanitaire
- Communication sans contrôle
- Intervention du **politique**
- Et finalement, Fraude.....



29 octobre 1985, conférence de presse des chercheurs (de gauche à droite) Philippe Even, Jean-Marie Andrieu et Alain Venet © Getty / Alain Noguès

### **Eviter les médicaments néphrotoxiques**

## Première vague:

Utilisation de médicaments non-éprouvés....

- Lopinavir/Ritonavir
- Remdesivir
- Hydroxychloroquine.....

## Effet des traitements anti-inflammatoires

## Dexamethasone ? Anti-IL6 ?

The NEW ENGLAND    JOURNAL of MEDICINE    ESTABLISHED IN 1812  FEBRUARY 25, 2021    VOL. 384  NO. 8    Dexamethasone in Hospitalized Patients with Covid-19	Effet des traite	ements anti-infl	ammatoires			
The RECOVERY Collaborative Group*			ţ			
Outcome	Dexamethasone (N=2104)	Usual Care (N=4321)	Rate or Risk Ratio (95% CI)*			
	no.	/total no. of patients (%)				
Primary outcome						
Death at 28 days	482/2104 (22.9)	1110/4321 (25.7)	0.83 (0.75-0.93)			
Secondary outcomes						
Renal-replacement therapy¶	89/2034 (4.4)	314/4194 (7.5)	0.61 (0.48-0.76)			
Among patients who did not require KRT at randomization, those who received dexamethasone were less likely than those in the control group to receive KRT						

Tocilizumab in patients admitted to hospital with COVID-19 (RECOVERY): a randomised, controlled, open-label, platform trial

## Effet des traitements anti-inflammatoires

**RECOVERY Collaborative Group\*** 

	Treatment allocation		RR (95% CI)	p value
	Tocilizumab group (n=2022)	Usual care group (n=2094)	_	
Primary outcome				
28-day mortality	621 (31%)	729 (35%)	0.85 (0.76–0.94)	0.0028
Secondary outcomes				
Use of haemodialysis or haemofiltration§	120/1994 (6%)	172/2065 (8%)	0.72 (0.58-0.90)	0.0046

## AKI news (2020-2021) Renal Replacement Therapy

### The RICH trial Oct 2020

#### JAMA | Original Investigation

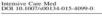
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## Rational



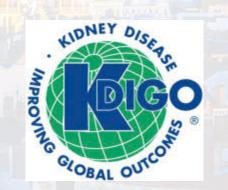
SYSTEMATIC REVIEW

Ming Bai Meilan Zhor Lijie He Feng Ma Yangping Li Yan Yu Pengbo Wang Li Li **Rui Jing** Lijuan Zhao Shiren Sur

CrossMark **Citrate versus heparin anticoagulation** for continuous renal replacement therapy: an updated meta-analysis of RCTs

#### 2015

**Circuit loss** Citrate > Heparin Bleeding Citrate > Heparin Citrate = Heparin Mortality



5.3.2.2: For anticoagulation in CRRT, we suggest using regional citrate anticoagulation rather than heparin in patients who do not have contraindications for citrate. (2B)

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Objective

"Current evidence is derived from few (underpowered) trials and the clinical benefit of regional citrate anticoagulation on **patient-centered outcomes** remains unclear"

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patient-centered outcomes

"Current evidence is derived from few (underpowered) trials and the clinical benefit of regional citrate anticoagulation on **patient-centered outcomes** remains unclear"

Objective

RICH trial was conducted to test whether regional citrate anticoagulation prolongs dialysis filter life span and reduces 90-day-all-cause mortality in critically ill patients with AKI

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### patient-centered outcomes

• Randomized, multicenter (26 centers in Germany), parallel-group clinical trial

Methods

- Adults with AKI who required KRT and who had at least 1 additional condition (severe sepsis, septic shock, vasopressor, refractory fluid overload)
- **COPRIMARY OUTCOMES**: Filter life span AND 90-day mortality

Effect of Regional Citrate Anticoagulation vs Systemic Heparin Anticoagulation During Continuous Kidney Replacement Therapy on Dialysis Filter Life Span and Mortality Among Critically III Patients With Acute Kidney Injury A Randomized Clinical Trial

#### patient-centered outcomes

- criods patient-ce -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of filter -u, multicenter (26 centers in Germ changes in term of germ of germ changes in term of germ changes in term of germ of ger ment was stopped for significant effectiveness mean incal trial mean and for futility in term of 90-day mortality mean and for futility in term of 90-day mortality in term of 90-day mortality.

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## **INTERVENTION 596** Patients analyzed

## 300

## Regional citrate anticoagulation

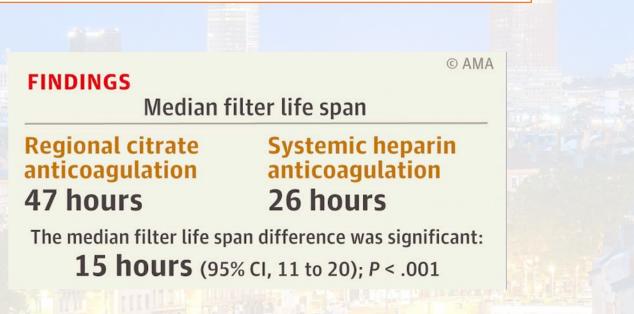
Citrate added continuously to the blood before the filter of extracorporeal circuit; adjusted to ionized calcium levels 296

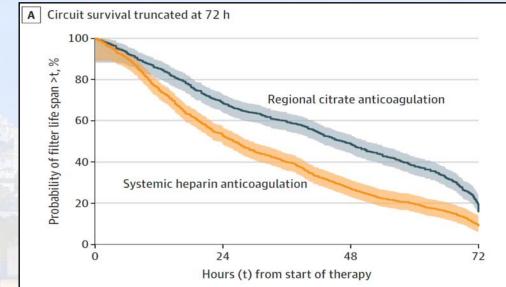
## Systemic heparin anticoagulation

Heparin administered through IV lines at 30 mL/kg/h; adjusted to partial thromboplastin time of 45-60 seconds

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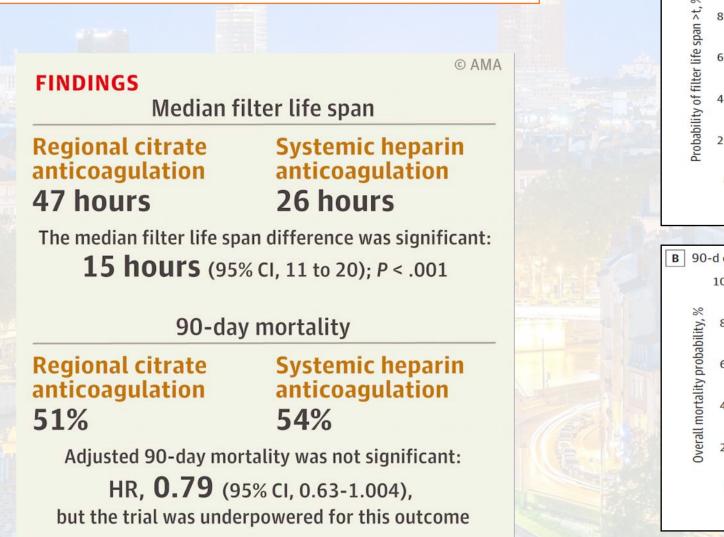
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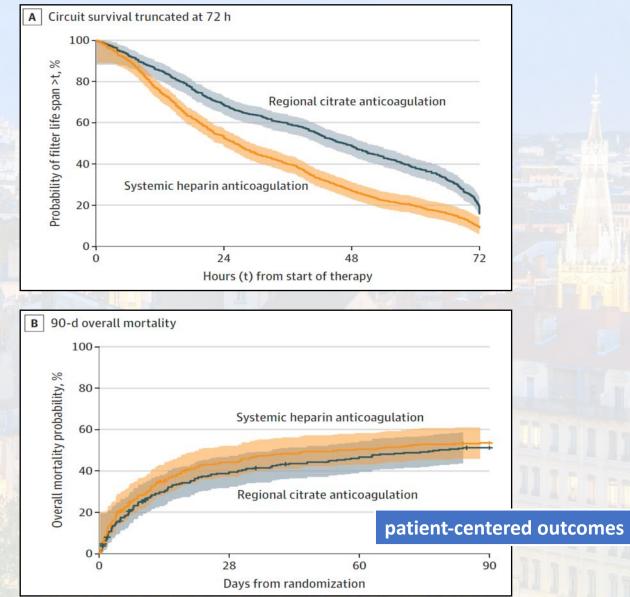




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Secondary endpoints: NOT ADJUSTED FOR MULTIPLICITY

# Regional citrate anticoagulation

## Systemic heparin anticoagulation

- Higher rate of new infections (68 vs 55%)
- Persistent kidney dysfunction after 90 days (28 vs 15%)

More bleeding complications (5 vs 17%)

## **RRT** timing in ICU



2012

## Absolute indications to start RRT Life-threatening complications

- Refractory severe hyperkalemia
- Refractory severe metabolic acidosis (pH<7.15)</li>
- Pulmonary edema resistant to diuretics

## What is the Wait and Watch approach ?

## **Postpone RRT** in critically ill patients with **severe AKI** who have **no life-threatening complication**



# THE LANCET 2020

# Delayed versus early initiation of renal replacement therapy for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

Stéphane Gaudry\*, David Hajage\*, Nicolas Benichou†, Khalil Chaïbi†, Saber Barbar, Alexander Zarbock, Nuttha Lumlertgul, Ron Wald, Sean M Bagshaw, Nattachai Srisawat, Alain Combes, Guillaume Geri, Tukaram Jamale, Agnès Dechartres, Jean-Pierre Quenot‡, Didier Dreyfuss‡



Delayed versus early initiation of renal replacement therapy @ 1020 for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

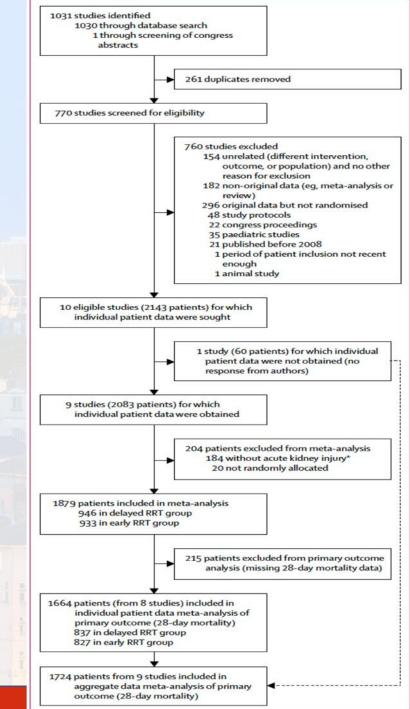
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•

ullet

abstracts 770 studies screened for eligibility 10 eligible RCTs Individual patient data from 9 RCTs





Delayed versus early initiation of renal replacement therapy @1000 2020 for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

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- 1031 studies identified 1030 through database search 1 through screening of congress abstracts 261 duplicates removed 770 studies screened for eligibility 760 studies excluded 154 unrelated (different intervention, outcome, or population) and no other reason for exclusion 182 non-original data (eq, meta-analysis or review) 296 original data but not randomised 48 study protocols 22 congress proceedings 35 paediatric studies 21 published before 2008 1 period of patient inclusion not recent enough 1 animal study 10 eligible studies (2143 patients) for which individual patient data were sought 1 study (60 patients) for which individual patient data were not obtained (no response from authors) 9 studies (2083 patients) for which individual patient data were obtained 204 patients excluded from meta-analysis 184 without acute kidney injury\* 20 not randomly allocated 1879 patients included in meta-analysis 946 in delayed RRT group 933 in early RRT group 215 patients excluded from primary outcome analysis (missing 28-day mortality data) 1664 patients (from 8 studies) included in individual patient data meta-analysis of primary outcome (28-day mortality) 837 in delayed RRT group 827 in early RRT group 1724 patients from 9 studies included in aggregate data meta-analysis of primary outcome (28-day mortality)
- 770 studies screened for eligibility
- 10 eligible RCTs
- Individual patient data from 9 RCTs

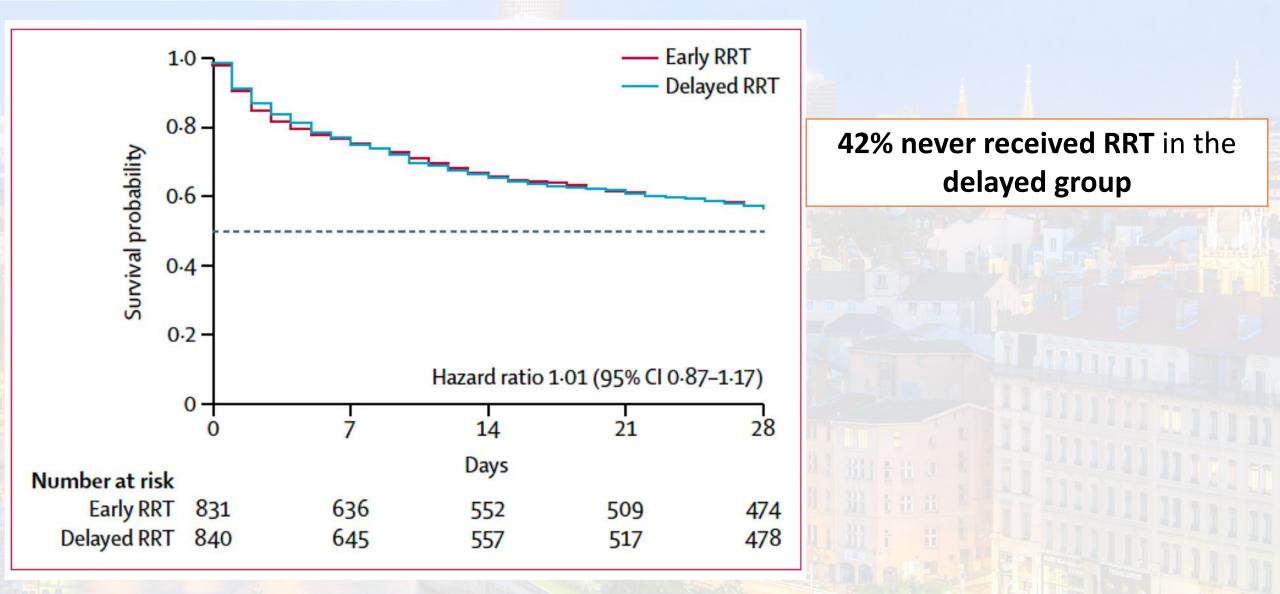
# 1879 Patients

933 early strategy

946 delayed strategy

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### Secondary outcomes

- Mortality at days 60 and 90 •
- Duration of hospital stay •
- RRT dependence at hospital discharge •
- MV-free days ۲
- Vasopressor-free days
- Rate of adverse events •



## No significant difference

ORIGINAL ARTICLE

### Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury

The STARRT-AKI Investigators, for the Canadian Critical Care Trials Group, the Australian and New Zealand Intensive Care Society Clinical Trials Group, the United Kingdom Critical Care Research Group, the Canadian Nephrology Trials Network, and the Irish Critical Care Trials Group\*

# **STARRT**<sup>®</sup>AKI

- Multicenter, International, RCT
- 165 hospitals in 15 countries
- 2927 adults ICU patients with severe AKI





Ron Wald

Sean Bagshaw

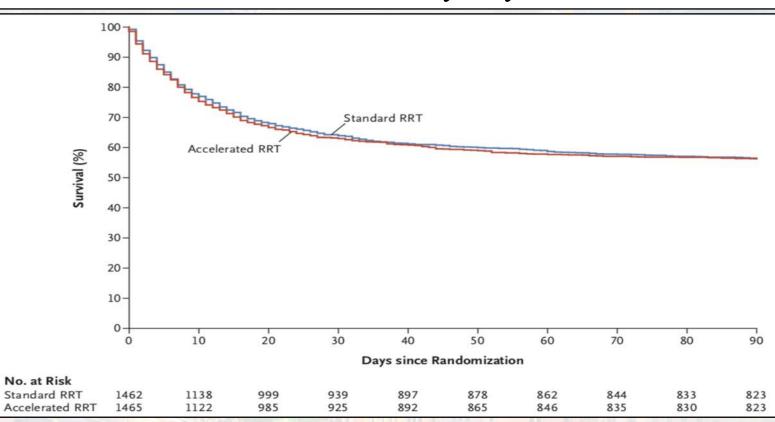
2 arms <u>Accelerated approach</u> (or early) of RRT initiation <u>Conservative strategy</u> of initiation of RRT as guided by standard indications and clinical judgment

### Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury

The STARRT-AKI Investigators, for the Canadian Critical Care Trials Group, the Australian and New Zealand Intensive Care Society Clinical Trials Group, the United Kingdom Critical Care Research Group, the Canadian Nephrology Trials Network, and the Irish Critical Care Trials Group\*



### All-cause mortality Day 90



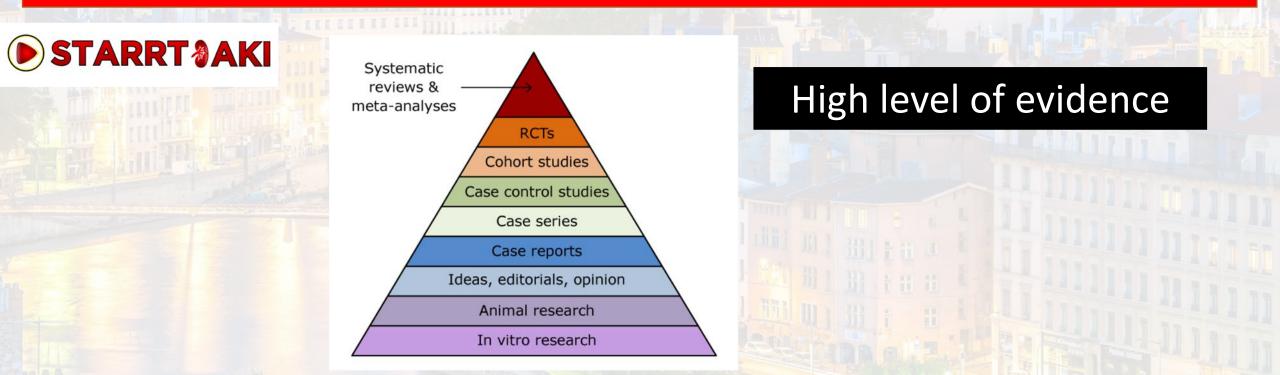
### ORIGINAL ARTICLE STARRT-AKI

### Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury

The STARRT-AKI Investigators, for the Canadian Critical Care Trials Group, the Australian and New Zealand Intensive Care Society Clinical Trials Group, the United Kingdom Critical Care Research Group, the Canadian Nephrology Trials Network, and the Irish Critical Care Trials Group\* Delayed versus early initiation of renal replacement therapy for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

Stéphane Gaudry\*, David Hajage\*, Nicolas Benichou†, Khalil Chaïbi†, Saber Barbar, Alexander Zarbock, Nuttha Lumlertgul, Ron Wald, Sean M Bagshaw, Nattachai Srisawat, Alain Combes, Guillaume Geri, Tukaram Jamale, Agnès Dechartres, Jean-Pierre Quenot‡, Didier Dreyfuss‡

In the context of severe AKI, and in the absence of life-threatening complications (refractory severe hyperkalemia, refractory severe metabolic acidosis or pulmonary edema resistant to diuretics), delaying RRT initiation is recommended



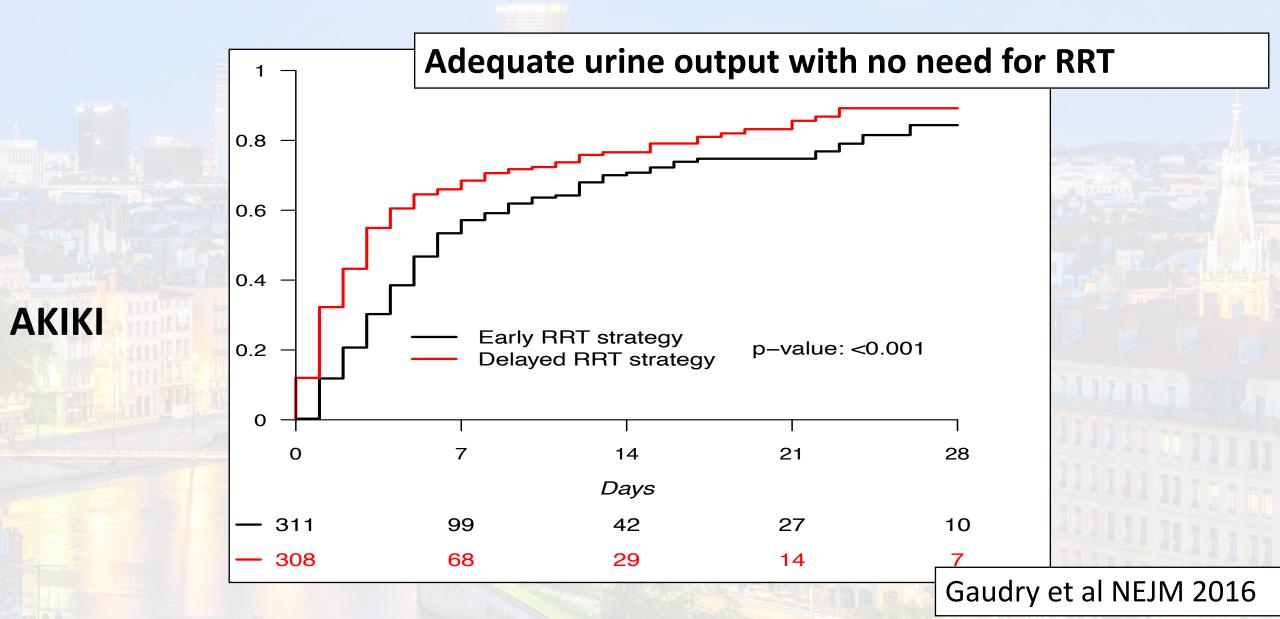
RCTs ng of RRT	2016 NEJM	2016 JAMA	2018 NEJM	2020 NEJM
MAJOR RCTs on the timing of RRT	DRIGINAL OPTICLE    DRIGINAL ARTICLE    DATA DATA DATA DATA DATA DATA DATA DATA	Rearch Prightal Investigation   CARING FOR THE CRITICALLY ILL PATIENT Effect of Early vs Delayed Initiation of Renal Replacement Therapy on Mortality in Critically III Patients With Acute Kidney Injury The ELAIN Randomized Clinical Trial Assarder Zebool, MD, John A. Refum, MD, Unstagh Schwidt, MD, Hage Van, Mar, MD, Cardo Wiempe, PRO, Herman Revended, MD, John A. Refum, MD, Unstagh Schwidt, MD, Hage Van, Alex, MD, Cardo Wiempe, PRO, Herman Revended, MD, John A. Refum, MD, Unstagh Schwidt, MD, Hage Van, Alex, MD, Cardo Wiempe, PRO, Herman Revended, MD, John A. Refum, MD, Unstagh Schwidt, MD, Hage Van, Alex, MD, Cardo Wiempe, PRO, Herman Revended, MD, John A. Refum, MD, Unstagh Schwidt, MD, Hage Van, Alex, MD, Cardo Wiempe, PRO, Herman Revended, MD, John A. Refum, MD, Bacharder, PRO, Malen Mercher, MD	ORIGINAL ARTICLE Timing of Renal-Replacement Therapy in Patients with Acute Kidney Injury and Sepsis S.D. Barbar, R. Clere-Jehl, A. Bouredjem, R. Herru, F. Montini, R. Bruybre, C. Lebert, J. Bohé, J. Badie, JP. Eraldi, JP. Rigaud, B. Levy, S. Siami, G. Louis, L. Bouadma, JM. Constantin, E. Mercier, K. Muche, D. du Cheryron, G. Piton, D. Annane, S. Jaber, T. van der Linder, K. Bulasco, JP. Mira, C. Schwebel, L. Chimot, P. Guiot, MA. Nay, F. Meziani, J. Helms, C. Roger, B. Louart, R. Trusson, A. Dargert, C. Binquet, and JP. Quenot, for the IDEAL-ICU Trial Investigators and the CRICS TRIGGERSEP Network*	ORIGINAL ARTICLE Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury The STARRT-AKI Investigators, for the Canadian Critical Care Trials Group, the Australian and New Zealand Intensive Care Society Clinical Trials Group, the United Kingdom Critical Care Research Group, the Canadian Nephrology Trials Network, and the Irish Critical Care Trials Group*
ð	ΑΚΙΚΙ	ELAIN	IDEAL-ICU	STARRT-AKI
Waiting time (in the delayed group)	57 h	20 h	44 h	<b>31 h</b>
% of patients who never received RRT in delayed group	50%	9%	38%	38%

# The more you wait, the less you start RRT

## Reducing RRT (ab) use may be helpful for 2 reasons

Reducing the risk of Artificial Kidney-Induced Kidney Injury Reducing the risk of Shortage of RRT for COVID-19 patients

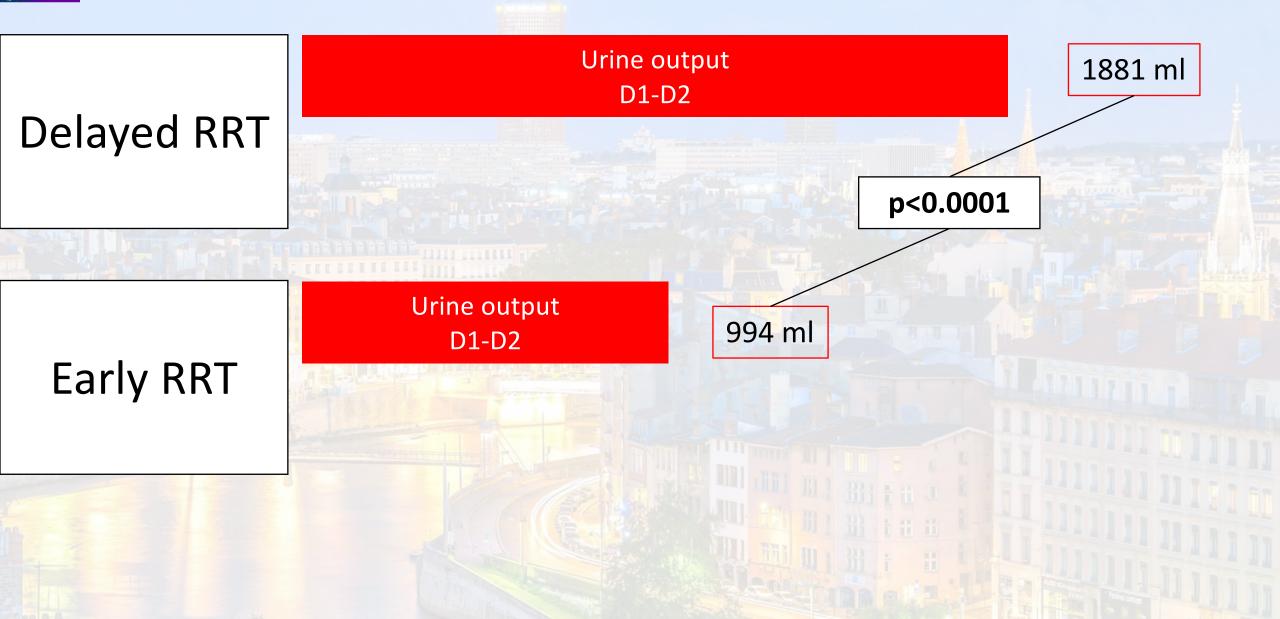
## Reducing the risk of Artificial Kidney-Induced Kidney Injury



Timing of Renal Support and Outcome of Septic Shock and Acute Respiratory Distress Syndrome

Stéphane Gaudry <sup>12</sup>, David Hajage <sup>34,3</sup>, Frédérique Schortgen <sup>6</sup>, Laurent Martin-Lefevre <sup>7</sup>, Charles Verney <sup>1</sup>, Bertrand Pons <sup>8</sup>, Erie Boulet <sup>9</sup>, Alexandre Boyer <sup>10</sup>, Guillaume Chevrel <sup>11</sup>, Sicolas Lerolle <sup>12</sup>, Dorothée Carpentier <sup>13</sup>, Nicolas de Prost <sup>14</sup>, Alexandre Laurette <sup>13</sup>, Anne Tertagnol <sup>16</sup>, Julien Mayaux <sup>17</sup>, Saad Neier <sup>16</sup>, Bruno Megarbane <sup>16</sup>, Marina Thirion <sup>26</sup>, Jean-Marie Forel <sup>27</sup>, Julien Mazel <sup>23</sup>, Hodane Yonis <sup>25</sup>, Philippe Markowicz <sup>24</sup>, Guillaume Thiery , Florence Tubach <sup>13,23</sup>, Jean-Damien Ricard <sup>136,27</sup>, Didler Dreyfuss<sup>136,27</sup>

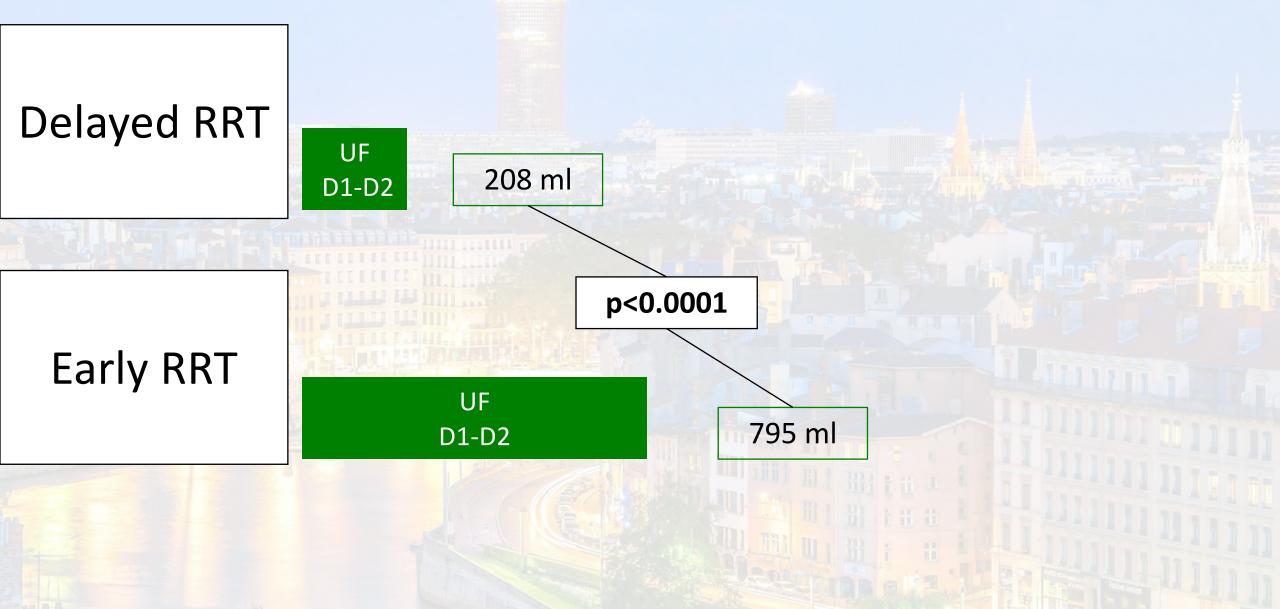
### **URINE OUTPUT** First 2 (D1-D2)

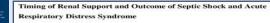


Timing of Renal Support and Outcome of Septic Shock and Acute Respiratory Distress Syndrome

téphane Gaudry <sup>1,2</sup>, David Hajage <sup>3,4,5</sup>, Frédérique Schortgen <sup>6</sup>, Laurent Martin-Lefevre <sup>7</sup>, harles Verney <sup>1</sup>, Bertrand Pons <sup>8</sup>, Eric Boulet <sup>8</sup>, Alexandre Boyer <sup>10</sup>, Guillaume Chevrel <sup>11</sup>, licolas Lerolle <sup>12</sup>, Dorothée Carpentier <sup>13</sup>, Nicolas de Prost <sup>14</sup>, Alexandre Lautrette <sup>13</sup>, Anne retagnol <sup>16</sup>, Julien Majaz <sup>17</sup>, Saad Nseir <sup>18</sup>, Bruno Megartane <sup>19</sup>, Marina Thirion <sup>29</sup>, Jeanfarie Forel <sup>21</sup>, Julien Majaz <sup>12</sup>, Hodane Yonis <sup>21</sup>, Philippe Markowicz <sup>24</sup>, Guillaume Thiery Florence Tubach <sup>13,23</sup>, Jean-Dannien Ricard <sup>135,23</sup>, Didler Dreyfuxs<sup>126,27</sup>

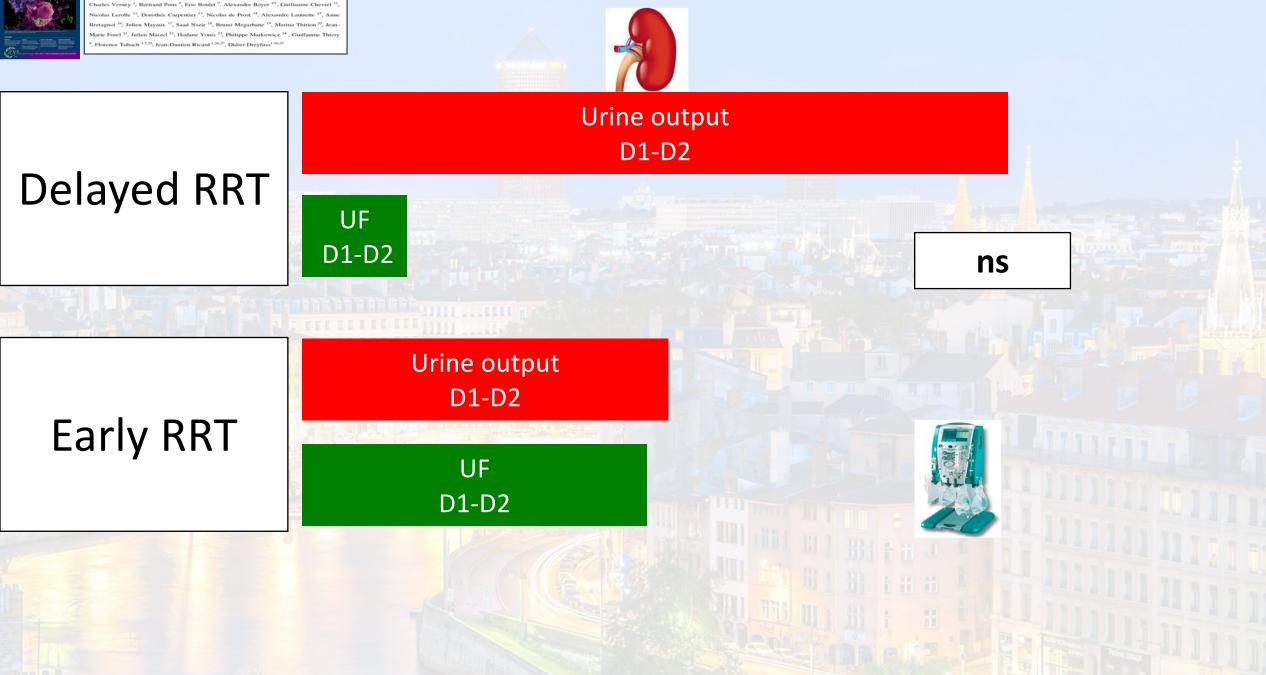
### **ULTRAFILTRATION** First 2 days (D1-D2)





ESPIRATORY AND RITICAL CARE MEDICINE

Stéphane Gaudry 1.2, David Hajage 3.4.5, Frédérique Schortgen <sup>6</sup>, Laurent Martin-Lefevre <sup>3</sup> Charles Verney <sup>1</sup>, Bertrand Pons <sup>8</sup>, Eric Boulet <sup>9</sup>, Alexandre Boyer <sup>10</sup>, Guillaume Chevrel <sup>11</sup> Dorothe Carpentier Daino Masadana Florence Tubach 3,5,25, Jean-Damien Ricard 1,26,27, Didier Dreyfuss1,26,2



## Reducing the risk of Artificial Kidney-Induced Kidney Injury

Intensive Care Med (2020) 46:513-515 https://doi.org/10.1007/s00134-019-05891-9

### EDITORIAL



The artificial kidney induces acute kidney injury: yes

N. Benichou<sup>1</sup>, Stéphane Gaudry<sup>1,2,3,6\*</sup> and D. Dreyfuss<sup>1,4,5</sup>

# **Emergence of a new concept**

# Artificial Kidney-Induced Kidney Injury (AKIKI) and Permissive hyper-uremia

## Reducing the risk of Artificial Kidney-Induced Kidney Injury

ORIGINAL ARTICLE

### Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury

The STARRT-AKI Investigators, for the Canadian Critical Care Trials Group, the Australian and New Zealand Intensive Care Society Clinical Trials Group, the United Kingdom Critical Care Research Group, the Canadian Nephrology Trials Network, and the Irish Critical Care Trials Group\*

## **STARRT-AKI**

# Art<mark>ific</mark>ial Kidney-Induced Kidney Injury

**Confirmation of this concept** 



RRT dependence after 90 days Early strategy: 10.4% vs Delayed strategy: 6.0% RR:1.74 (95% CI: 1.24 to 2.43)

# The more you wait, the less you start RRT

## Reducing RRT (ab) use may be helpful for 2 reasons

Reducing the risk of Artificial Kidney-Induced Kidney Injury Reducing the risk of Shortage of RRT for COVID-19 patients

### Reducing the risk of Shortage of RRT for COVID-19 patients

# Impending Shortages of Kidney Replacement Therapy for COVID-19 Patients

David S. Goldfarb ,<sup>1,2</sup> Judith A. Benstein,<sup>2</sup> Olga Zhdanova,<sup>2,3</sup> Elizabeth Hammer,<sup>2</sup> Clay A. Block,<sup>4</sup> Nina J. Caplin,<sup>2,3</sup> Nathan Thompson,<sup>2,3</sup> and David M. Charytan<sup>2</sup>

CJASN 15: 880-882, 2020. doi: https://doi.org/10.2215/CJN.05180420

"An informal survey of our intensive care units (ICUs) this week demonstrates that 20%–40% of intubated ICU patients have AKI that necessitates KRT"

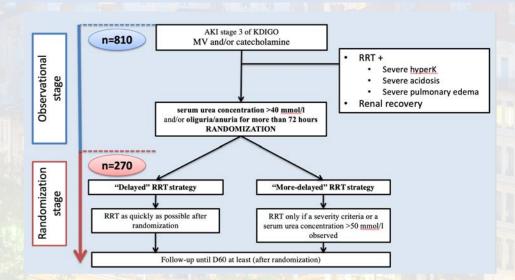
> We initiated the use of **acute peritoneal dialysis**, a modality rarely used in American ICUs in recent years, to remove pressures from our CKRT supply

> > We must now highlight the possibility that before a deficiency of ventilators become an issue in caring for patients with COVID-19, provision of KRT may face critical shortages.

Time difference of RRT initiation between strategies (hours)

	AKIKI	ELAIN	IDEAL-ICU	STARRT-AKI
Waiting time (hours)	57	20	44	31

## The Artificial Kidney Initiation in Kidney Injury 2 (AKIKI 2) A Multi-Centre, Randomized, Controlled Trial





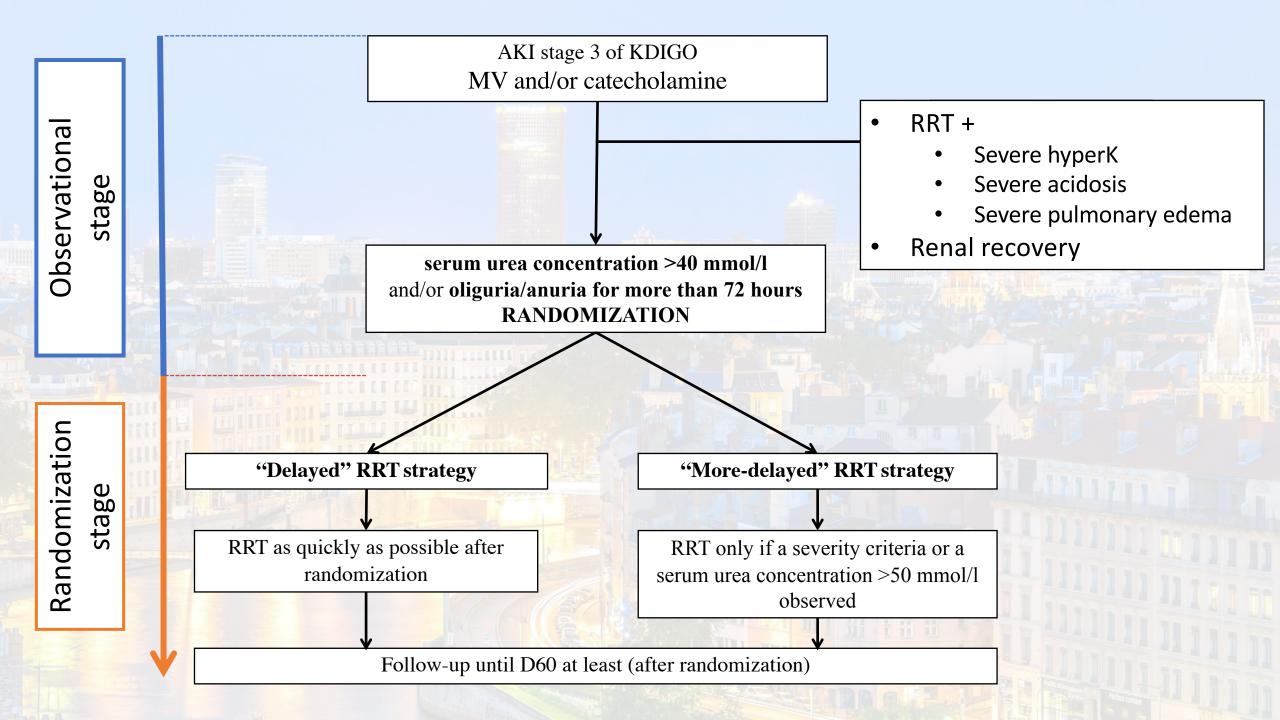


## **Pre-specified criteria**

Severe hyperkalemia

potassium > 6 mmol/l, or > 5.5 mmol/l *Despite medical treatment* 

- Severe acidosis (pH <7.15)
- Acute pulmonary edema due to fluid overload Responsible for severe hypoxemia
- Oliguria/Anuria >72 hours
- Serum urea concentration > 40mmol/l

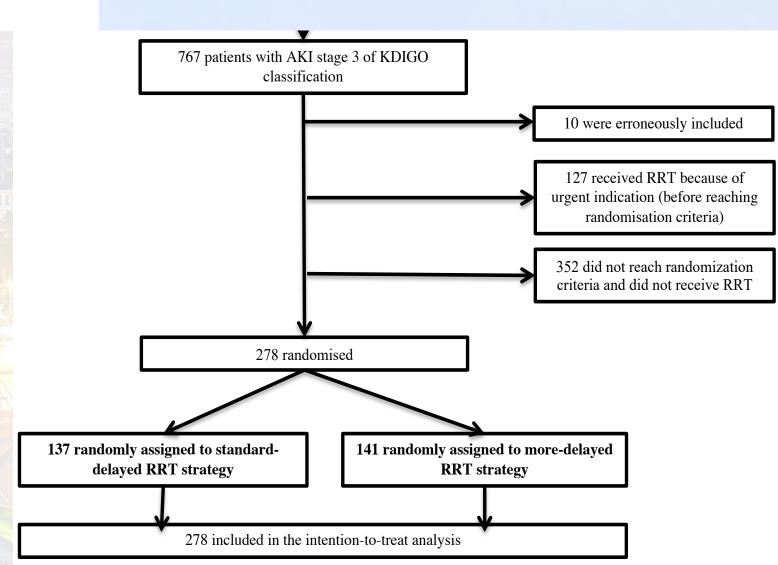


Comparison of two delayed strategies for renal replacement therapy initiation for severe acute kidney injury (AKIKI 2): a multicentre, open-label, randomised, controlled trial

Stéphane Gaudry, David Hajage, Laurent Martin-Lefevre, Saïd Lebbah, Guillaume Louis, Sébastien Moschietto, Dimitri Titeca-Beauport, Béatrice La Combe, Bertrand Pons, Nicolas de Prost, Sébastien Besset, Alain Combes, Adrien Robine, Marion Beuzelin, Julio Badie, Guillaume Chevrel, Julien Bohé, Elisabeth Coupez, Nicolas Chudeau, Saber Barbar, Christophe Vinsonneau, Jean-Marie Forel, Didier Thevenin, Eric Boulet, Karim Lakhal, Nadia Aissaoui, Steven Grange, Marc Leone, Guillaume Lacave, Saad Nseir, Florent Poirson, Julien Mayaux, Karim Asehnoune, Guillaume Geri, Kada Klouche, Guillaume Thiery, Laurent Argaud, Bertrand Rozec, Cyril Cadoz, Pascal Andreu, Jean Reignier\*, Jean-Damien Ricard\*, Jean-Pierre Quenot†, Didier Dreyfuss†

### Lancet 2021

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# Primary endpoint

# The median number of RRT-free days was 12 days (IQR 0-25) in the delayed strategy and 10 days (IQR 0-24) in the more-delayed strategy (**p=0.93**)



	Delayed RRT strategy	More-Delayed RRT strategy	P value
	(N=137)	(N=141)	
RRT-free days			
All patients	12 (0-25)	10 (0-24)	0.93
Survivors	24 (15-27)	23 (14-28)	0.54
Number of patients who actually received RRT	134 (98)	111 (79)	<0.001
Time from randomisation to RRT – hours	3 (2-5)	33 (24-60)	<0.001
Mortality			
At day 28	52 (38)	63 (45)	0.26
At day 60	60 (44)	77 (55)	0.07
At ICU discharge	55 (40)	66 (47)	0.26
At hospital discharge	61 (45)	75 (53)	0.15

# Prespecified multivariate analysis

# Odds ratio for death at 60 days 2.16 (95% CI, $1 \cdot 17 - 4 \cdot 01$ , p=0.014) with more-delayed versus delayed strategy

	Univariate analysis			Multivariate analysis		
Variable	Odd ratio	CI 95%	P Value	Odd ratio	CI 95%	P Value
More-delayed strategy	1.54	0.96-2.48	0.072	2.16	1.17-4.01	0.014
SAPS III	1.05	1.03-1.08	<0.001	1.05	1.02-1.08	<0.001
Mechanical ventilation	3.46	1.67-7.75	0.001	3.62	1.27-10.29	0.016
Catecholamine infusion	1.98	1.21-3.28	0.007	1.22	0.61-2.43	0.577
Sepsis status			0.213			0.096
Sepsis	0.66	0.34-1.27		0.48	0.20-1.13	
Septic shock	1.56	0.90-2.71		1.15	0.55-2.40	
Time between ICU admission and AKI	0.62	0.26-1.39	0.220	0.42	0.12-1.38	0.164

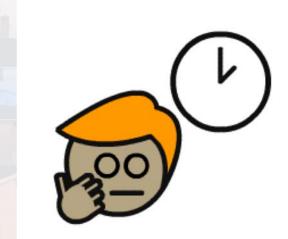
Comparison of two delayed strategies for renal replacement therapy initiation for severe acute kidney injury (AKIKI 2): a multicentre, open-label, randomised, controlled trial

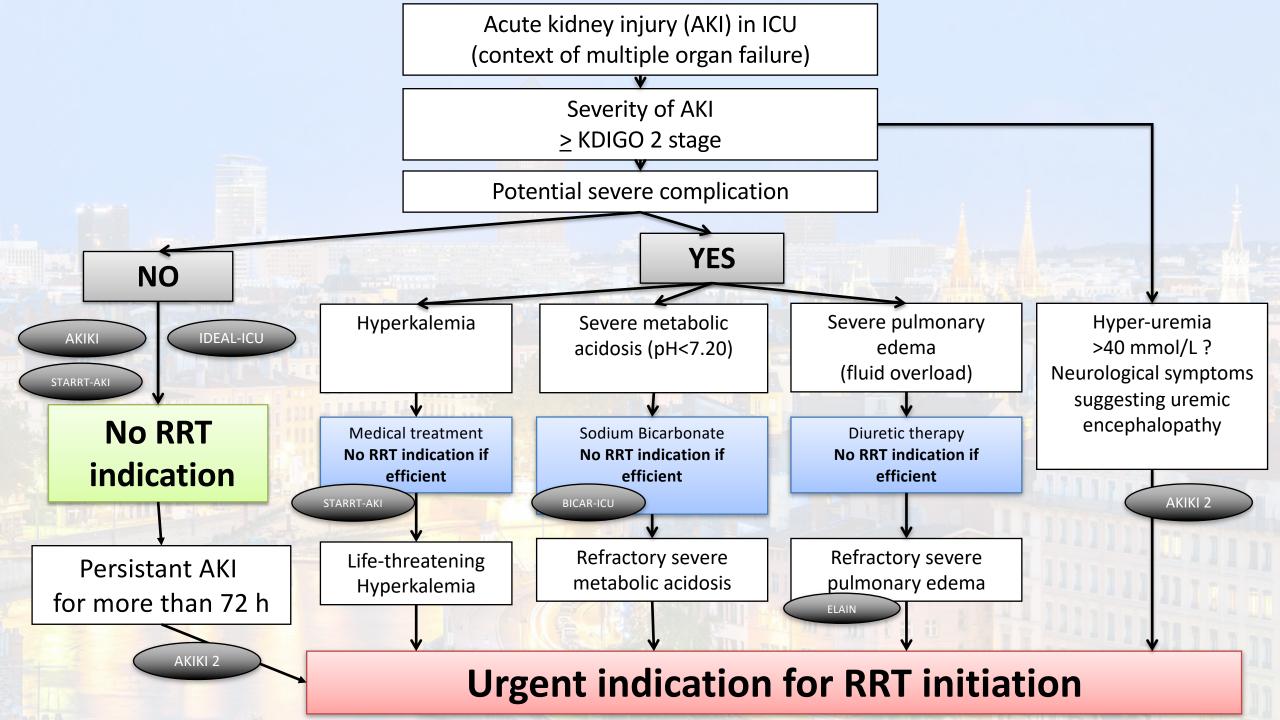
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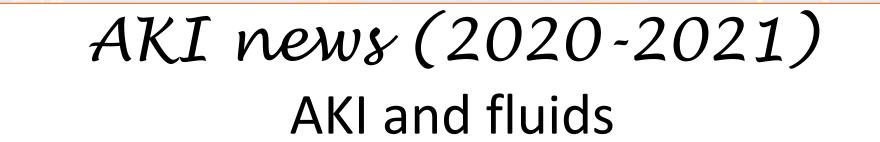
# To summarize the AKIKI 2 trial

### Wait and see approach

Yes but not too long







JAMA Internal Medicine | Original Investigation

Effect of No Prehydration vs Sodium Bicarbonate Prehydration Prior to Contrast-Enhanced Computed Tomography in the Prevention of Postcontrast Acute Kidney Injury in Adults With Chronic Kidney Disease The Kompas Randomized Clinical Trial

Rohit J. Timal, MD; Judith Kooiman, MD, PhD; Yvo W. J. Sijpkens, MD, PhD; Jean-Paul P. M. de Vries, MD, PhD; Iris J. A. M. Verberk-Jonkers, MD, PhD; Harald F. H. Brulez, MD, PhD; Marjolijn van Buren, MD, PhD; Aart J. van der Molen, MD, PhD; Suzanne C. Cannegieter, MD, PhD; Hein Putter, PhD; Wilbert B. van den Hout, PhD; J. Wouter Jukema, MD, PhD; Ton J. Rabelink, MD, PhD; Menno V. Huisman, MD, PhD, FESC

### The KOMPAS trial February 2020

Mean relative increase (percentage) in serum creatinine level 2 to 5 days

• No prehydration: **3.0%** 

• Sodium Bicarbonate prehydration: **3.5%** *Mean difference 0.5; 95% CI -1.3 to 2.3; p <0.001 for noninferiority* 

A Drimary and paint

01 (59.7)	1.24				
01 (59.7)	1 24				
	1.24	0.22 (-2.23 to 2.66)	4 <u>0</u>		.86
03 (40.3)	1.39	0.97 (-1.77 to 3.71)			.48
1.73 m <sup>2</sup> and a	≥2 RF for PC-AK	1			
73 (34.3)	1.73	0.51 (-2.90 to 3.93)		+	.77
31 (65.7)	1.08	0.47 (-1.65 to 2.60)	10		.66
1.73 m <sup>2</sup> and o	liabetes				
7 (17.3)	2.35	1.54 (-3.13 to 6.22)	<i>2</i>		.51
17 (82.7)	1.00	0.26 (-1.70 to 2.22)			.80
04 (100)	0.93	0.51 (-1.31 to 2.33)	-		.58
	1.73 m <sup>2</sup> and a 73 (34.3) 81 (65.7) 1.73 m <sup>2</sup> and c 7 (17.3) 1.7 (82.7)	1.73 m <sup>2</sup> and $\geq 2$ RF for PC-AK    73 (34.3)  1.73    81 (65.7)  1.08    1.73 m <sup>2</sup> and diabetes    7 (17.3)  2.35    1.7 (82.7)  1.00	1.73 m <sup>2</sup> and $\geq 2$ RF for PC-AKI    73 (34.3)  1.73  0.51 (-2.90 to 3.93)    81 (65.7)  1.08  0.47 (-1.65 to 2.60)    1.73 m <sup>2</sup> and diabetes  7 (17.3)  2.35    7.7 (82.7)  1.00  0.26 (-1.70 to 2.22)	1.73 m <sup>2</sup> and $\geq 2$ RF for PC-AKI    73 (34.3)  1.73  0.51 (-2.90 to 3.93)    81 (65.7)  1.08  0.47 (-1.65 to 2.60)    1.73 m <sup>2</sup> and diabetes	1.73 m <sup>2</sup> and $\geq 2$ RF for PC-AKI    73 (34.3)  1.73    0.51 (-2.90 to 3.93)    81 (65.7)  1.08    0.47 (-1.65 to 2.60)    1.73 m <sup>2</sup> and diabetes    7 (17.3)  2.35    1.54 (-3.13 to 6.22)    1.7 (82.7)    1.00    0.26 (-1.70 to 2.22)

Mean Difference (95% CI)

## The FLASH trial January 2020

### JAMA | Original Investigation

## Effect of Hydroxyethyl Starch vs Saline for Volume Replacement Therapy on Death or Postoperative Complications Among High-Risk Patients Undergoing Major Abdominal Surgery The FLASH Randomized Clinical Trial

Emmanuel Futier, MD, PhD; Matthias Garot, MD; Thomas Godet, MD, PhD; Matthieu Biais, MD, PhD; Daniel Verzilli, MD; Alexandre Ouattara, MD, PhD; Olivier Huet, MD, PhD; Thomas Lescot, MD, PhD; Gilles Lebuffe, MD, PhD; Antoine Dewitte, MD, PhD; Anna Cadic, MD; Aymeric Restoux, MD, PhD; Karim Asehnoune, MD, PhD; Catherine Paugam-Burtz, MD, PhD; Philippe Cuvillon, MD, PhD; Marion Faucher, MD, PhD; Camille Vaisse, MD; Younes El Amine, MD; Hélène Beloeil, MD, PhD; Marc Leone, MD, PhD; Eric Noll, MD, PhD; Vincent Piriou, MD, PhD; Sigismond Lasocki, MD, PhD; Jean-Etienne Bazin, MD, PhD; Bruno Pereira, PhD; Samir Jaber, MD, PhD; for the FLASH Trial Group

Effect of Hydroxyethyl Starch vs Saline for Volume Replacement Therapy on Death or Postoperative Complications Among High-Risk Patients Undergoing Major Abdominal Surgery The FLASH Randomized Clinical Trial

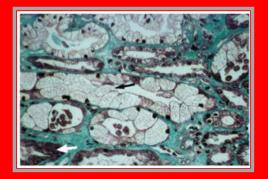
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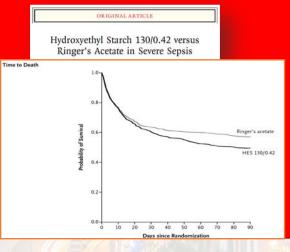
## Rational

> HES have hypothetical ability to provide faster hemodynamic stabilization during acute hypovolemia

### But, HES increase risk of death and AKI in critically ill patients (US-FDA 2013)

### osmotic-nephrosis-like lesions





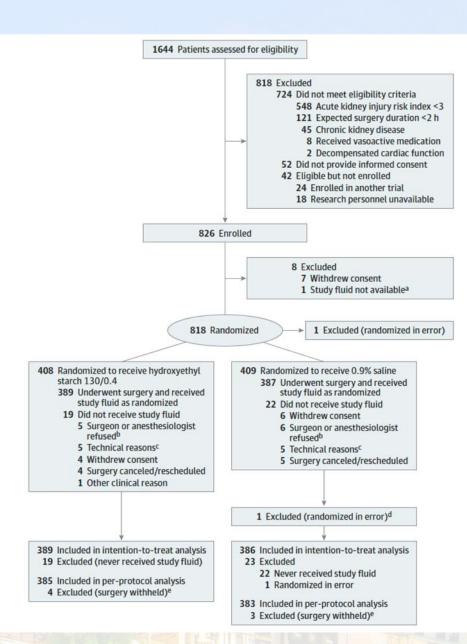


## >However, no data from surgical patients

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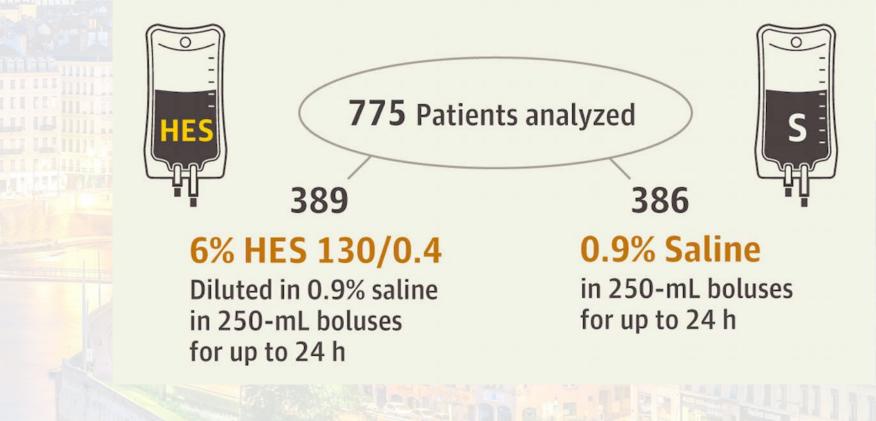
- Double-blind, RCT
- 20 French University hospital
- Inclusion criteria
  - Adults patients admitted for elective or non elective surgery
  - Anticipated duration >2 hours
  - Intermediate to high risk of developing post-op complication



Effect of Hydroxyethyl Starch vs Saline for Volume Replacement Therapy on Death or Postoperative Complications Among High-Risk Patients Undergoing Major Abdominal Surgery The FLASH Randomized Clinical Trial

Emmanuel Futier, MD, PhD; Matthias Garot, MD; Thomas Godet, MD, PhD; Matthieu Biais, MD, PhD; Daniel Verzilli, MD; Alexandre Ouattara, MD, PhD; Olivier Huet, MD, PhD; Thomas Lescot, MD, PhD; Gilles Lebuffe, MD, PhD; Antoine Dewitte, MD, PhD; Anna Cadic, MD; Aymeric Restoux, MD, PhD; Karim Asehnoune, MD, PhD; Catherine Paugam-Burtz, MD, PhD; Philippe Cuvillon, MD, PhD; Marion Faucher, MD, PhD; Camille Vaisse, MD; Younes El Amine, MD; Helène Beloeil, MD, PhD; Marc Leone, MD, PhD; Eric Noll, MD, PhD; Vincent Piriou, MD, PhD; Sigismond Lasocki, MD, PhD; Jean-Etienne Bazin, MD, PhD; Bruno Pereira, PhD; Samir Jaber, MD, PhD; for the FLASH Trial Group

### INTERVENTION



Effect of Hydroxyethyl Starch vs Saline for Volume Replacement Therapy on Death or Postoperative Complications Among High-Risk Patients Undergoing Major Abdominal Surgery The FLASH Randomized Clinical Trial

Emmanuel Futier, MD, PhD; Matthias Garot, MD; Thomas Godet, MD, PhD; Matthieu Biais, MD, PhD; Daniel Verzilii, MD; Alexandre Ouattara, MD, PhD; Olivier Huet, MD, PhD; Thomas Lescot, MD, PhD; Gilles Lebuffe, MD, PhD; Antoine Dewitte, MD, PhD; Anna Cadic, MD; Aymeric Restoux, MD, PhD; Karim Asehnoune, MD, PhD; Catherine Paugam-Burtz, MD, PhD; PhIippe Cuvillon, MD, PhD; Marion Faucher, MD, PhD; Camille Vaisse, MD; Younes El Amine, MD; Helice Beloeil, MD, PhD; Marc Leone, MD, PhD; Eric Noll, MD, PhD; Vincent Piriou, MD, PhD; Sigismond Lasocki, MD, PhD; Jean-Etienne Bazin, MD, PhD; Buro Pereira, PhD; Samir Jaber, MD, PhD; for the FLASH Trial Group

# Primary outcome

Composite outcome at 14 days:

### Death

### > Major postoperative complications

- AKI stage 1
- Acute respiratory failure
- Acute heart failure
- Major sepsis complication
- Unplanned reoperation

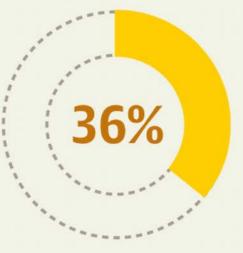
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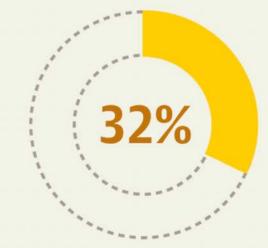
# Primary outcome

## Death or major postoperative complications

## 6% HES 130/0.4 139 of 389 patients



## 0.9% Saline 125 of 386 patients



No significant difference: difference, **3.3%** (95% CI, -3.3% to 10.0%) relative risk, **1.10** (95% CI, 0.91 to 1.34); *P* = .33

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## Secondary and exploratory kidney outcomes

	HES	Saline	RR (95%CI)	р
Kidney dysfunction up to day 14	22%	16%	1.34 (1.00-1.80)	0.05
AKI up to day 28	23%	17%	1.36 (1.02-1.82)	0.04

#### JAMA | Original Investigation

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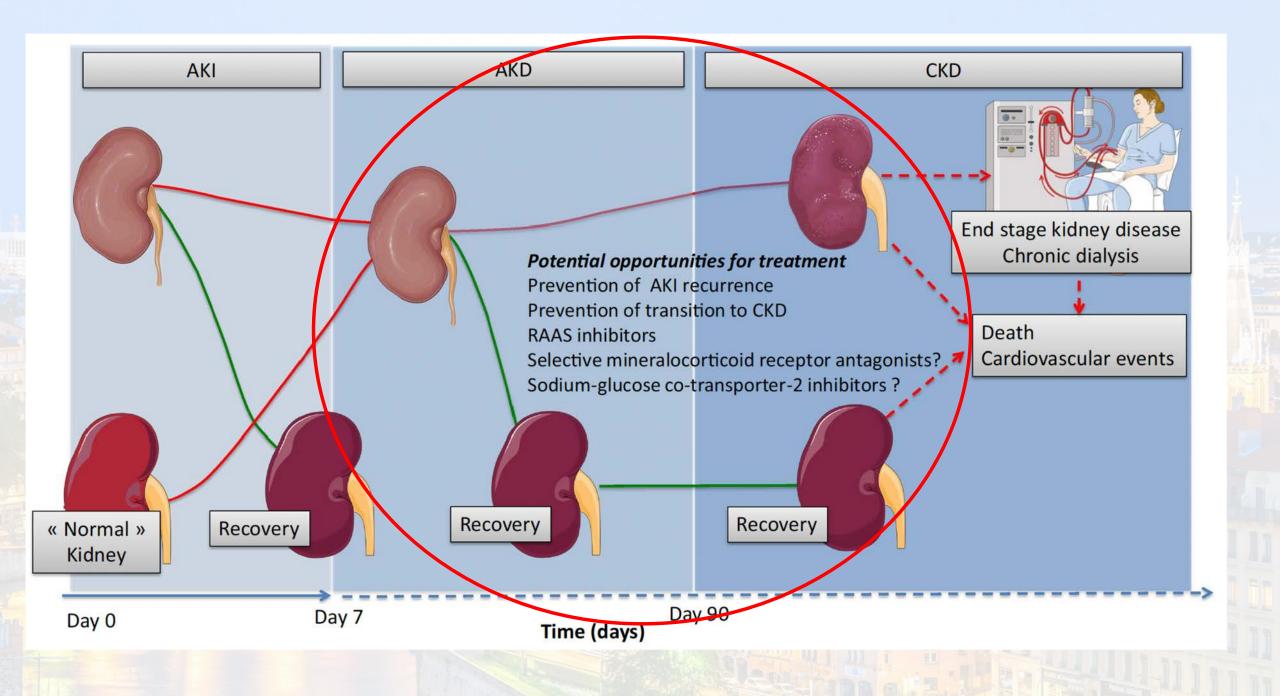
HES

#### HES in the ICU or in the operative room

- Ineffective
  - Nephrotoxic
  - Expensive

#### No place for this therapeutic agent

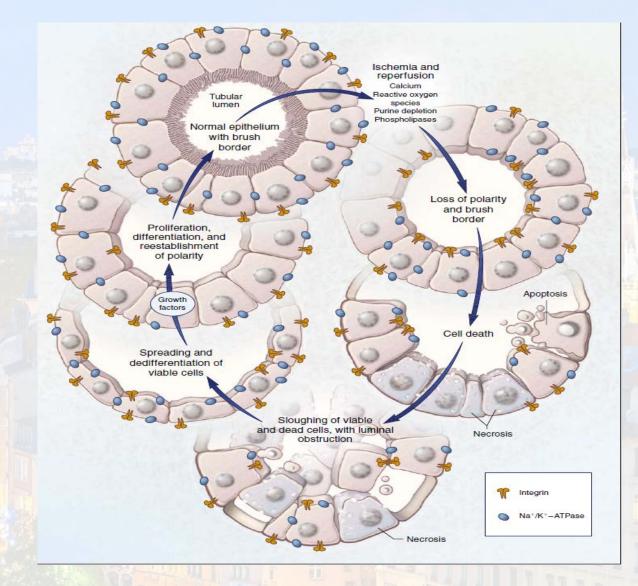
## AKI news (2020-2021) What is the future ?



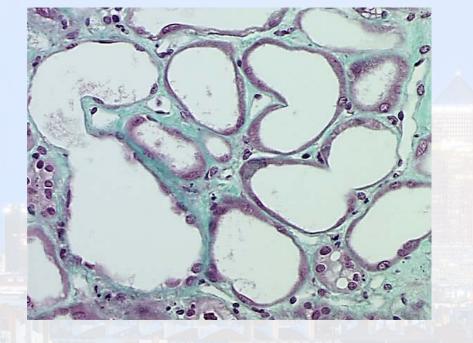
## What did we think 20 years ago?

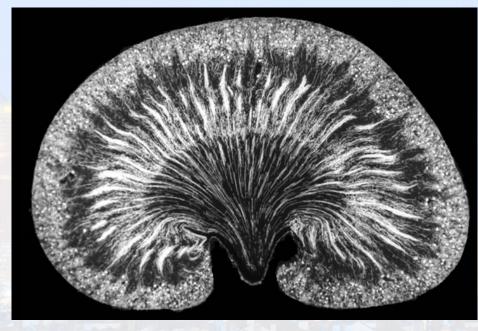
**RESTITUTIO AD INTEGRUM** 

« The severely damaged kidney can completely restore its structure and function »



Thadhani R et al, N Engl J Med 1996

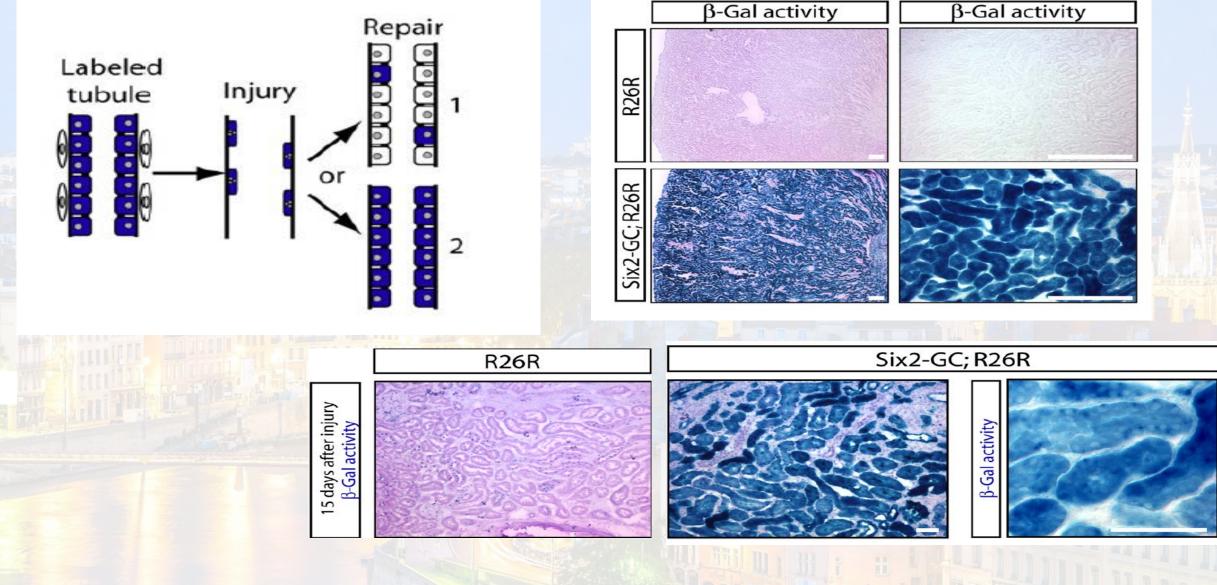




### Tubular necrosis **repair** processes begin within the **first 24 hours**

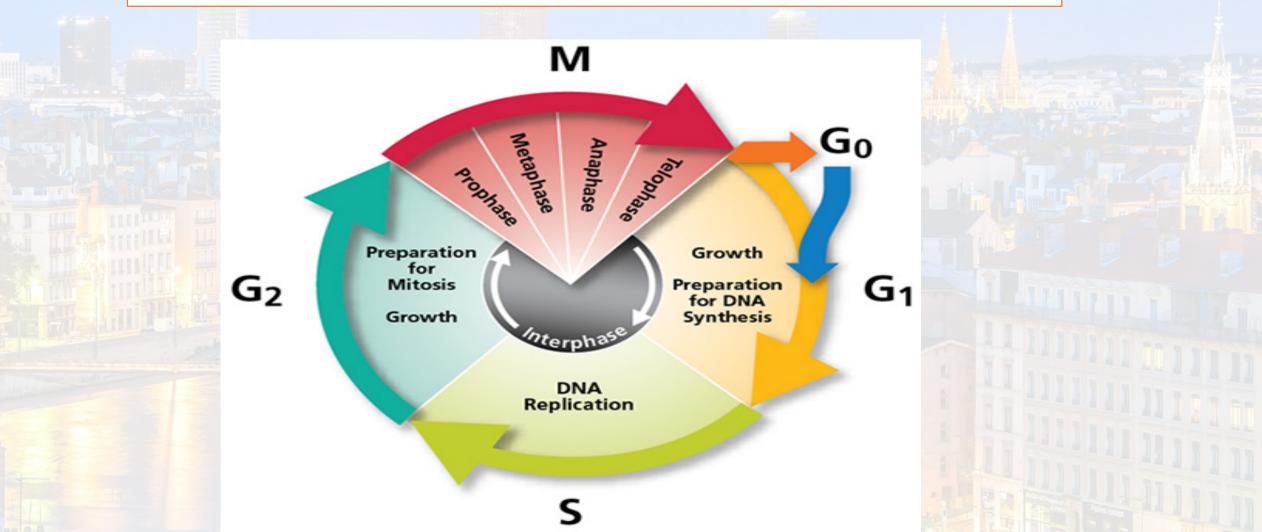
There is probably a place for therapeutic intervention in ICU

### The surviving tubular epithelium is in charge of the repair



Humphreys BD, Cell Stem Cell 2008

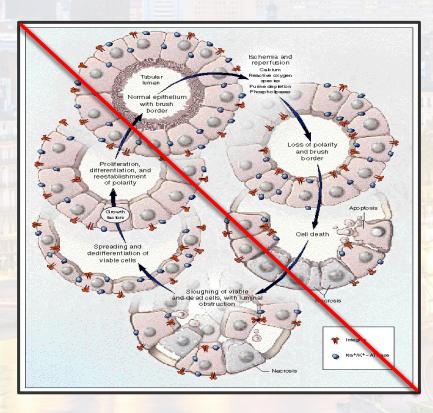
The **repair cells** were **also victims** of the first aggression and they are the sites of abnormalities of the cell cycle which have a pro-fibrotic effect

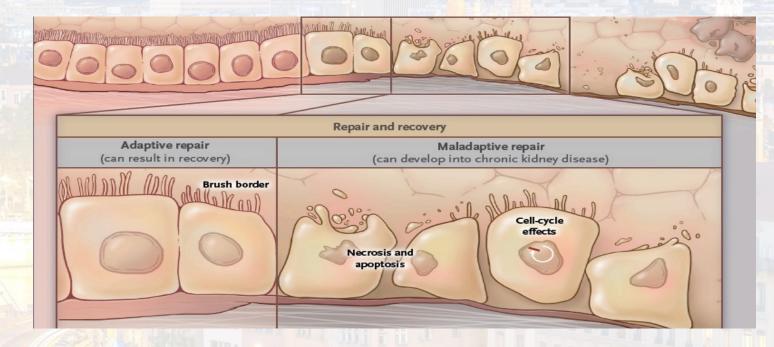


## What do we think now?

Acute Tubular Necrosis does not always resolve ad integrum

## « Maladaptative repair »





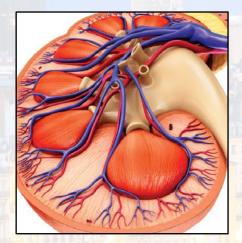
Chawla LS et al. N Engl J Med 2014

Thadhani R et al. N Engl J Med 1996



In 2016, Samir Parikh's team emphasized the importance of the metabolic pathway of **Nicotinamide Adenine Dinucleotide (NAD)** in this renal recovery process

## B<sub>3</sub> repletes pathogenic NAD+ deficiency in AKI



## HEALTH

- HIGH NAD+ state •
- Efficient fuel -> ATP
- Resilient tubules

Inflammation Ischemia **Renal toxins** 

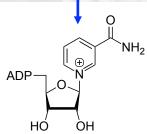
Vitamin B<sub>3</sub>

NAD+

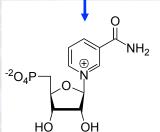


## AKI

- LOW NAD+ state
- Toxic fat buildup
- Dying tubules







Ο

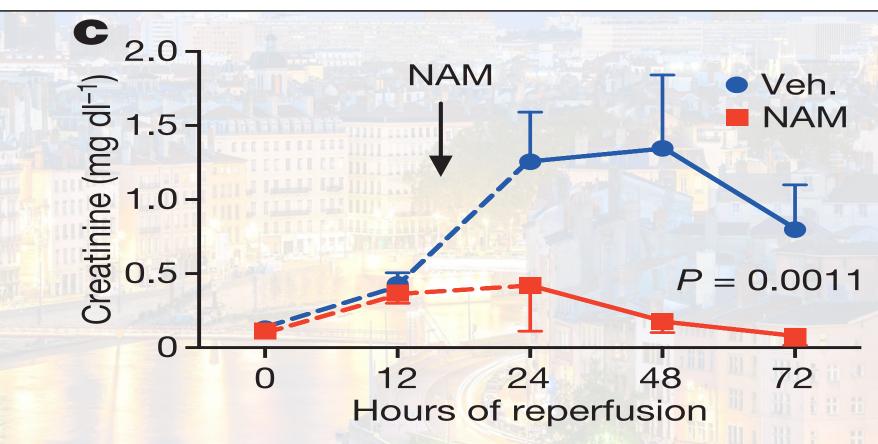


NAD+

### LETTER

## $PGC1\alpha$ drives NAD biosynthesis linking oxidative metabolism to renal protection

Mei T. Tran<sup>1,2</sup>, Zsuzsanna K. Zsengeller<sup>1,2,3</sup>, Anders H. Berg<sup>3,4</sup>, Eliyahu V. Khankin<sup>1,2</sup>, Manoj K. Bhasin<sup>2,5</sup>, Wondong Kim<sup>6</sup>, Clary B. Clish<sup>7</sup>, Isaac E. Stillman<sup>4</sup>, S. Ananth Karumanchi<sup>1,2,8</sup>, Eugene P. Rhee<sup>6,7</sup> & Samir M. Parikh<sup>1,2</sup>



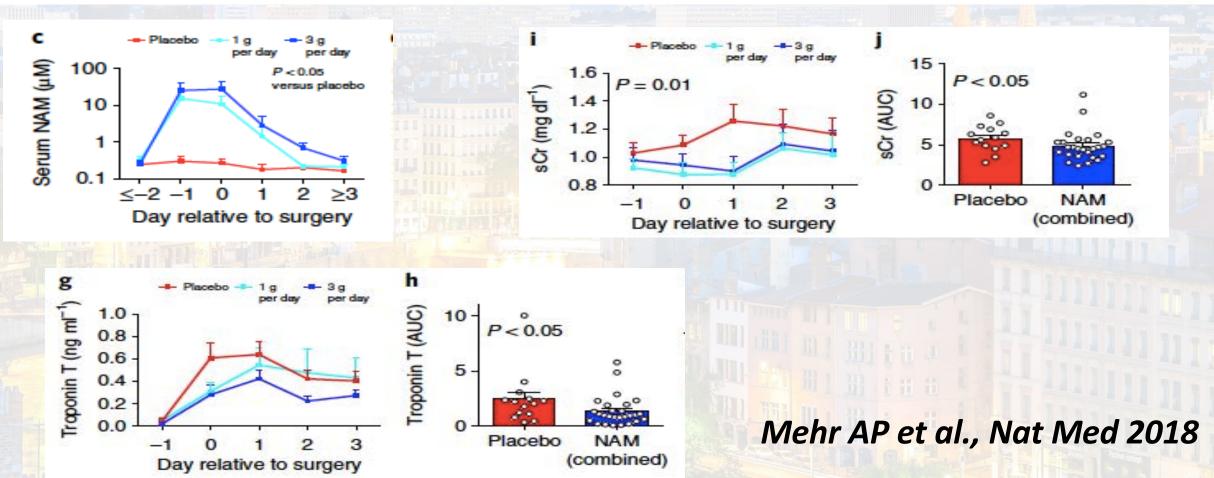
Exogenous NAM improved local NAD level and renal function in post-ischemic PG1 alpha -/- mice



In 2018, the same team showed that during an AKI episode, tissue NAD synthesis decreases profoundly, and that nicotinamide intake protects from AKI after cardiac surgery

### De novo NAD<sup>+</sup> biosynthetic impairment in acute kidney injury in humans

Ali Poyan Mehr<sup>1,12</sup>, Mei T. Tran<sup>1,12</sup>, Kenneth M. Ralto<sup>1,2,3,12</sup>, David E. Leaf<sup>4</sup>, Vaughan Washco<sup>1</sup>, Joseph Messmer<sup>1</sup>, Adam Lerner<sup>5</sup>, Ajay Kher<sup>1</sup>, Steven H. Kim<sup>1</sup>, Charbel C. Khoury<sup>6</sup>, Shoshana J. Herzig<sup>7</sup>, Mary E. Trovato<sup>8</sup>, Noemie Simon-Tillaux<sup>1</sup>, Matthew R. Lynch<sup>1</sup>, Ravi I. Thadhani<sup>6</sup>, Clary B. Clish<sup>9</sup>, Kamal R. Khabbaz<sup>8,13</sup>, Eugene P. Rhee<sup>6,9,10</sup>, Sushrut S. Waikar<sup>4</sup>, Anders H. Berg<sup>11,13</sup> and Samir M. Parikh<sup>11,13</sup>\*



## B<sub>3</sub> Pilot RCT for Cardiac Surgery AKI

(M) (M)

PK/PD

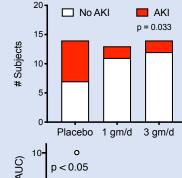
Day relative to surgery

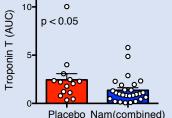
Safety

 Intervention
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 Percention
 Percention
 Percention

 Programmed accesses
 Immunol (P)
 <td



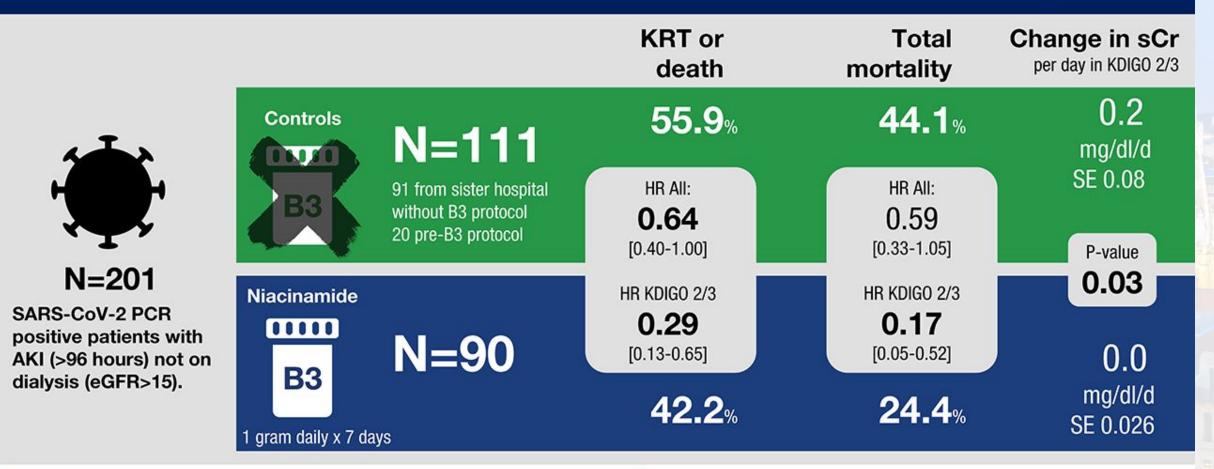




Poyan Mehr Nat Med 2018

#### Is niacinamide useful in the treatment of COVIDassociated AKI?





**Conclusion:** Niacinamide was associated with lower risk of KRT/death and improved creatinine trajectory among patients with severe COVID-19-related AKI.

Nathan H. Raines, Sarju Ganatra, Pitchaphon Nissaisorakarn, et al. Niacinamide may be Associated with Improved Outcomes in COVID-19-Related Acute Kidney Injury: An Observational Study. Kidney360. doi: 10.34067/KID.0006452020. Visual Abstract by Joel Topf, MD Delayed versus early initiation of renal replacement therapy for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

B

#### Is there any subpopulation of patients in ICU which could benefit from early or delayed RRT strategy ?

Stéphane Gaudry\*, David Hajage\*, Nicolas Benichou†, Khalil Chaibi†, Saber Barbar, Alexander Zarbock, Nuttha Lumlertgul, Ron Wald, Sean M Bagshaw, Nattachai Srisawat, Alain Combes, Guillaume Geri, Tukaram Jamale, Agnès Dechartres, Jean-Pierre Quenot‡, Didier Dreyfuss‡

#### 2020

	28-day mortality, n/N (%)			Risk ratio (95% CI)	Pinteractio
	Delayed RRT	Early RRT			
Sex					0-869
Male	228/528 (43%)	221/526 (42%)		1.02 (0.89-1.17)	
Female	138/309 (45%)	134/301 (45%)	·+-	1.00 (0.84–1.19)	
Age (years)					0-520
≤66	126/355 (35%)	143/388 (37%)	<b>⊢</b> ∎	0.96 (0.79-1.16)	
>66	240/482 (50%)	212/439 (48%)	- <b>-</b>	1.03 (0.91-1.17)	
SOFA score at randomisat	ion				0.284
≤12	179/430 (42%)	165/425 (39%)	+ <b>=</b> -	1.07 (0.91-1.26)	
>12	181/390 (46%)	185/383 (48%)		0.95 (0.82-1.09)	
Sepsis status at randomisa	ation				0.062
No sepsis	98/209 (47%)	77/207 (37%)		1.22 (0.98–1.52)	
Sepsis	258/605 (43%)	267/600 (45%)		0.96 (0.85-1.09)	
Chronic kidney disease*					0.359
No	243/600 (41%)	271/655 (41%)		0.97 (0.85-1.11)	
Yes	92/180 (51%)	62/135 (46%)		1.09 (0.87-1.37)	
Overall			+	1.01 (0.91-1.13)	

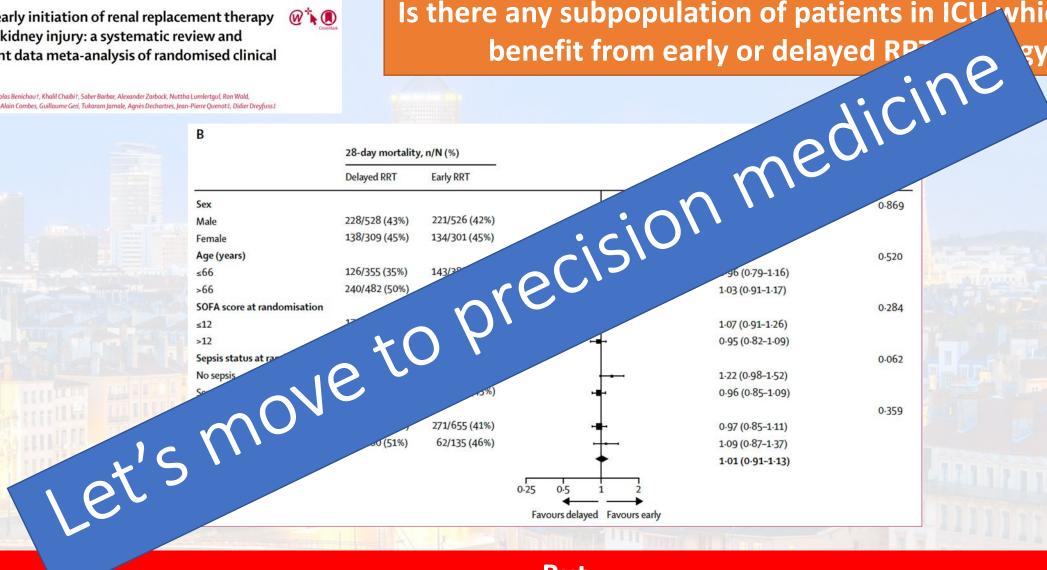
#### But

The conventional subgroup analyses performed "one variable at a time" fail to convey meaningful results as they cannot fully capture all the relevant Delayed versus early initiation of renal replacement therapy  $\mathcal{M}^{*}$ for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials

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2020



#### But

The conventional subgroup analyses performed "one variable at a time" fail to convey meaningful results as they cannot fully capture all the relevant

#### An example:

### Should treatment always be the same for **coronary artery disease**?



Sarah 59 yo Diabetes mellitus Insulin LVEF 50% Creatinine clearance 50ml/min Left main coronary artery disease



Donald

69 yo Diabetes mellitus No insulin LVEF 45% Creatinine clearance 40ml/min Three vessel artery disease

#### The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 the SYNTAX Investigators MARCH 5, 2009

VOL. 360 NO. 10

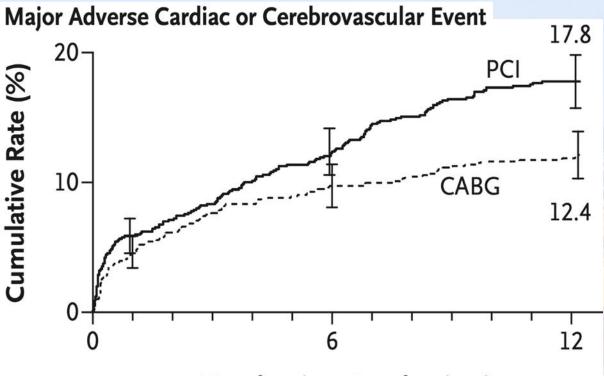
Percutaneous Coronary Intervention versus Coronary-Artery Bypass Grafting for Severe Coronary Artery Disease

**Patients** "previously untreated three-vessel coronary disease and those with left main coronary artery disease"

Intervention "Percutaneous Coronary Intervention (PCI)"

Control "Coronary-Artery Bypass Grafting (CABG)"

Primary Outcome major adverse cardiac or cerebrovascular event (MACCE)



**Months since Randomization** 

**Conclusion:** CABG remains the standard of care for patients with three-vessel or left main coronary artery disease, since the use of CABG, as compared with PCI, resulted in lower rates of the combined end point of major adverse cardiac or cerebrovascular events at 1 year

Redevelopment and validation of the SYNTAX score II to individualise decision making between percutaneous and surgical revascularisation in patients with complex coronary artery disease: secondary analysis of the multicentre randomised controlled SYNTAXES trial with external cohort validation

Kuniaki Takahashi, Patrick W Serruys, Valentin Fuster, Michael E Farkouh, John A Spertus, David J Cohen, Seung-Jung Park, Duk-Woo Park, Jung-Min Ahn, Arie Pieter Kappetein, Stuart J Head, Daniel J F M Thuijs, Yoshinobu Onuma, David M Kent, Ewout W Steyerberg, David van Klaveren, on behalf of the SYNTAXES, FREEDOM, BEST, and PRECOMBAT trial investigators



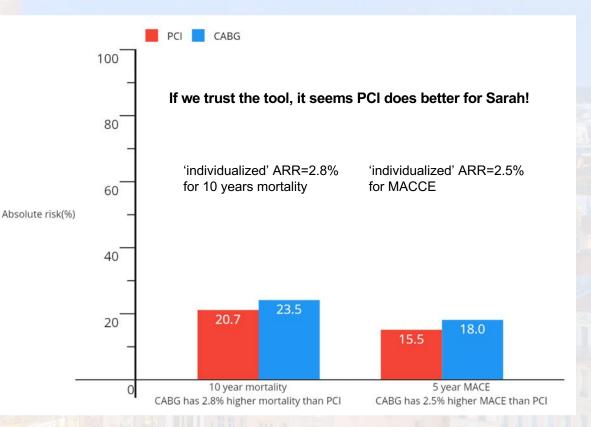


Sarah 59 yo Diabetes mellitus Insulin LVEF 50% Creatinine clearance 50ml/min Left main coronary artery disease

(NTAX Score 2020	Exit
Age (Years)	
59	
CrCl (Creatinine clearance). (mU/min)	
50	
LVEF (%)	
50	
COPD	No
PVD	No
Medically Treated Diabetes mellitus	Yes
Insulin	Yes
Current Smoking	No
3VD or LMCAD	
O 3VD	
Calculate	



Sarah 59 yo Diabetes mellitus Insulin LVEF 50% Creatinine clearance 50ml/min Left main coronary artery disease

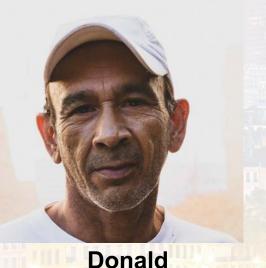




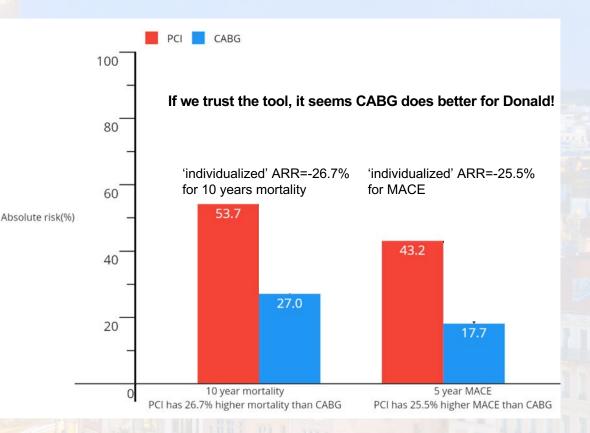
Donald

69 yo Diabetes mellitus No insulin LVEF 45% Creatinine clearance 40ml/min Three vessel artery disease

SYNTAX Score 2020	Exit
Age (Years)	
69	
CrCI (Creatinine clearance). (mL/min)	
40	
LVEF (%)	
45	
	-
СОРД	No
PVD	No
Medically Treated Diabetes mellitus	es 🔵
Insulin	No
Current Smoking	No
3VD or LMCAD	
SVD	
LMCAD	
Calculate	
Calculate	



69 yo Diabetes mellitus No insulin LVEF 45% Creatinine clearance 40ml/min Three vessel artery disease



### **Could we do the same with the RRT initiation strategies ?**



#### Could we do the same with the RRT initiation strategies ?

# YES !!!!

### Personalization Of Renal Replacement Therapy Initiation: A Risk Modelling Approach

François GROLLEAU,<sup>1</sup> Raphaël PORCHER,<sup>2</sup> Saber BARBAR,<sup>3</sup> David HAJAGE,<sup>4</sup> Abderrahmane BOURREDJEM,<sup>5</sup> Didier DREYFUSS,<sup>6</sup> Jean-Pierre QUENOT,<sup>7</sup> Stéphane GAUDRY.<sup>8</sup>

We will use data from AKIKI and IDEAL-ICU to develop a risk prediction model for RRT initiation within 48 hours after the start of a delayed strategy and then estimate treatments effects within levels of predicted risks

## Insuffisance rénale aiguë Actualités en réanimation 2020-2021

